#### **PLANNED INSTRUCTION**

#### A PLANNED COURSE FOR:

#### **Advanced Placement Psychology**

**Curriculum writing committee:** 

**David Peters** 

**Grade Level:** 

11-12

Date of Board Approval: \_\_\_\_July 14, 2022\_\_\_\_\_

#### **Course Weighting: AP Psychology**

Chapter Tests (1 per unit, approx. 4 per quarter)	100 points each
Projects (post AP Exam Activity)	100 points
Homework/Classwork	5-20 points
Quizzes	10-20 points
Free-Response Questions (1-2 per marking period)	20-50 points

#### **Curriculum Map**

**Overview:** This course is designed for highly motivated students to understand, evaluate, explain, and analyze various topics regularly studied in a college level Introduction to Psychology course. A rigorous examination of the following topics will be studied during this year long course: the Science of Psychology, the Biological Perspective, Sensation and Perception, Consciousness: Sleep, Dreams, Hypnosis, and Drugs, Learning, Memory, Cognition, Motivation and Emotion, Stress and Health, Development Across the Life Span, Theories of Personality, Psychological Disorders, Psychological Therapies, and Social Psychology. In addition to a substantial amount of independent study and reading, this class will utilize the integration of technology, cooperative learning, and student activities. All students are expected to take the national advanced placement examination. Students may also earn college credit with an appropriate score on the AP examination.

Time/Credit for the Course: Full Year/1 Credit

#### Goals:

#### 1. Marking Period One:

#### **Overview:**

Unit 1: 5 days Unit 2: 10 days Unit 3: 10 days Unit 4: 10 days Unit 5: 10 days

#### **Marking Period One -Goals:**

**Understanding of:** Students will learn about the foundations of psychology by studying the basic units in any introduction to psychology course. These units will include a study of the history and approaches to psychology, the research methods used in psychological research, the explanation of the biological basis for behavior, the study of workings of sensation and perception specifically its relationship to behavior, and the states of consciousness.

#### **Unit 1: The Science of Psychology**

- 1. What is Psychology?
- 2. Psychology Then: The History of Psychology
- 3. Psychology Now: Modern Perspectives
- 4. Psychological Professionals and Areas of Specialization
- 5. Applying Psychology to Everyday Life: Stereotypes, Athletes, and Test Performance
- 6. Experimental, Correlational, and Clinical Research
- 7. Statistics
  - a. Descriptive
  - b. Inferential
- 8. Ethics in Research

#### **Unit 2: The Biological Perspective**

- 1. An Overview of the Nervous System
- 2. Neurons and Nerves: Building the Network
- 3. The Central Nervous System The Central Processing Unit
- 4. The Peripheral Nervous System Nerves on the Edge
- 5. Peeking Inside the Brain
- 6. From the Bottom Up: The Structures of the Brain
- 7. The Chemical Connection: The Endocrine Glands
- 8. Applying Psychology to Everyday Life: Reflections on Mirror Neurons

#### **Unit 3: Sensation and Perception**

- 1. The ABCs of Sensation
- 2. The Science of Seeing
- 3. The Hearing Sense: Can You Hear Me Now?
- 4. Chemical Senses: It Taste Good, but It Smells Terrible
- 5. Somesthetic Senses: What the Body Knows
- 6. The ABCs of Perception
- 7. Applying Psychology to Everyday Life: Thinking Critically about ESP

#### Unit 4: Consciousness: Sleep, Dreams, Hypnosis, and Drugs

- 1. What Is Consciousness?
- 2. Altered States: Sleep
- 3. Dreams
- 4. Altered States: Hypnosis
- 5. Altered States: Psychoactive Drugs
- 6. Applying Psychology to Everyday Life: Are You Sleep Deprived?

#### **Unit 5: Learning**

- 1. Definition of Learning
- 2. It Makes Your Mouth Water: Classical Conditioning
- 3. What's in it for Me? Operant Conditioning
- 4. Cognitive Learning Theory
- 5. Observational Learning
- 6. Applying Psychology to Everyday Life: Can You Really Toilet Train Your Cat?

#### 2. Marking Period Two

#### Overview:

Unit 6: 12 days Unit 7: 10 days Unit 8: 15 days Unit 9: 8 days

#### **Marking Period Two -Goals:**

**Understanding of:** In this marking period, students learn how memory is the key to the ability to learn. The ability to learn is the key to survival, and we cannot learn unless we can remember what happened the last time a particular situation arose. Students will also learn the ways in which we forget information so that we can apply that learning so that forgetting occurs less frequently. In addition, students will address how humans convert sensory input into different kinds of information. They will examine how humans learn, remember, and retrieve information. This is the part of the course that addresses problem solving, language, and creativity, as well as the exploration of the biological and social factors that motivate behavior and, biological and cultural factors that influence emotion. Finally, students will study how stress and health are related. They will explore the sources of stress in daily life, the factors that can make a stressful event easier or more difficult, and the ways to cope with stress in everyday life and extraordinary experiences.

#### **Unit 6: Memory**

- 1. Memory
- 2. Models of Memory
- 3. The Information-Processing Model
- 4. Three Stages of Memory
- 5. Getting It Out: Retrieval of Long-Term Memories
- 6. The Reconstructive Nature of Long-Term Memory
- 7. Retrieval: How Reliable Are Memories?
- 8. What Were We Talking About? Forgetting
- 9. Memory and the Brain
- 10. The Physical Aspects of Memory
- 11. Applying Psychology to Everyday Life: Current Research in Alzheimer's Disease

#### Unit 7: Cognition: Thinking, Intelligence, and Language

- 1. How People Think
- 2. Intelligence
- 3. Language
- 4. Applying Psychology to Everyday Life: Mental Exercises for Better Cognitive Health

#### **Unit 8: Motivation and Emotion**

- 1. Approaches to Understanding Motivation
- 2. What, Hungry Again? Why People Eat
- 3. Emotion
- 4. Applying Psychology to Everyday Life: A How-To of Happiness?
- 5. Stress and Stressors
- 6. Physiological Factors: Stress and Health
- 7. Coping with Stress
- 8. Applying Psychology to Everyday Life: Focus on Wellness

#### **Unit 9: Stress and Health**

- 1. Stress and Stressors
- 2. Physiological Factors: Stress and Health
- 3. Coping with Stress
- 4. Applying Psychology to Everyday Life: Focus on Wellness

#### 3. Marking Period Three

#### Overview:

Unit 10: 14 days Unit 11: 8 days Unit 12: 14 days Unit 13: 9 days

#### Marking Period Three – Goals

Understanding of: In marking period 3, students will look at the influences that help determine our developmental pathway through life. Students will come to understand that personality is the sum of who you are – attitudes and reactions, both physical and emotional. In addition, students will develop an understanding of just what is meant by abnormal behavior and the different ways in which behavior can depart from the "normal" path as well as identifying the treatments of specific mental disorders so that an informed decision can be made, and the best possible outcome can be achieved for mental health and wellness.

#### **Unit 10: Development Across the Life Span**

- 1. Issues in Studying Human Development
- 2. Prenatal Development
- 3. Infancy and Childhood Development
- 4. How Sex and Gender Influence Development
- 5. Adolescence
- 6. Adulthood
- 7. Applying Psychology to Everyday Life: ADHD Not Just for Children

#### **Unit 11: Theories of Personality**

- 1. Theories of Personality
- 2. The Man and the Couch: Sigmund Freud and the Psychodynamic Perspective
- 3. the Behaviorist and Social Cognitive View of Personality
- 4. The Third Force: Humanism and Personality
- 5. Trait Theories: Who Are You?
- 6. the Biology of Personality: Behavioral Genetics
- 7. Assessment of Personality
- 8. Applying Psychology to Everyday Life: Personality Testing on the Internet

#### **Unit 12: Psychological Disorders**

- 1. What Is Abnormality?
- 2. Models of Abnormality
- 3. DSM-IV-TR
- 4. Somatoform Disorders: Sickness as a State of Mind
- 5. Dissociative Disorders: Altered Consciousness
- 6. Mood Disorders: The Effect of Affect
- 7. Schizophrenia: Altered Reality
- 8. Personality Disorders: I'm Okay, It's Everyone Else Who's Weird

9. Applying Psychology to Everyday Life: Seasonal Affective Disorder

#### **Unit 13: Psychological Therapies**

- 1. Two Kinds of Therapy
- 2. The Early Days of Therapy: Ice-Water Baths and Electric Shocks
- 3. In the Beginning: Psychoanalysis
- 4. Humanistic Therapy
- 5. Behavior Therapies
- 6. Cognitive Therapies
- 7. Group Therapies
- 8. Does Psychotherapy Really Work?
- 9. Psychotherapeutic Strategies and Disorder Prevention
- 10. Biomedical Therapies
- 11. Applying Psychology to Everyday Life: Should Antidepressants Be Prescribed for Children and Adolescents?

#### 4. Marking Period Four

#### Overview:

**Unit 14:** 15 days

Unit 15: After the AP exam: 30 days

#### Marking Period Four – Goals

**Understanding of** – Students learn that human beings are social creatures, we live with others, work with others, and play with others, and that the people who surround us all of our lives have an impact on our beliefs and values, decisions, and assumptions, and the way we think about other people in general. Students will also address social psychology issues such as prejudice, obedience, love, and hate. In addition, students will use the knowledge they acquired during the year to complete projects and activities after the completion of the Advanced Placement Exam.

#### **Unit 14: Social Psychology**

- 1. Social Influence: Conformity, Compliance, and Obedience
- 2. Social Cognition: Attitudes, Impression Formation, and Attribution
- 3. Social Interaction: Prejudice, Love, and Aggression
- 4. Liking and Loving: Interpersonal Attraction
- 5. Aggression and Prosocial Behavior
- 6. Applying Psychology to Everyday Life: Anatomy of a Cult

#### **Unit 15: After the AP Exam**

- 1. Projects from units 1-14 not completed prior to AP exam due to time constraints
- 2. Activities from units 1-14 not completed prior to AP exam due to time constraints

#### Big Ideas:

- Big Idea # 1: Development of psychology as an empirical science
- Big Idea #2: Research methods and measurements used to study behavior and mental processes
- Big Idea # 3: Structure and function of the nervous system in human and non-human animals
- Big Idea #4: The interaction between biological factors and experience
- Big Idea # 5: The processes of sensation and perception and their limitations
- Big Idea# 6: The relationship between conscious and unconscious process
- Big Idea# 7: Characteristics of sleep and theories that explain why we sleep and dream

Big Idea # 8: Categories of psychoactive drugs

**Big Idea #9: Other states of consciousness** 

Big Idea# 10: Human beings learn in a variety of ways: classical conditioning, operant conditioning, observational learning, and cognitive learning

Big Idea# 11: Encoding, Storage, and Retrieval as part of the memory process

Big Idea# 12: Basic elements comprising thought

Big Idea# 13: Obstacles related to thought: problem solving, decision making and judgement

Big Idea # 14: Perspectives, assessment, and issues about intelligence

Big Idea # 15: Structural features of language, theories and developmental stages of language acquisition and language and the brain

**Big Idea# 16: Perspectives on motivation** 

Big Idea # 17: Perspectives on emotion including emotional interpretation and the domains of emotional behavior

Big Idea# 18: Stress and coping techniques

Big Idea# 19: Behaviors and attitudes that promote health

Big Idea # 20: Methods and issues in life span development

Big Idea# 21: Perspectives, assessment and issues regarding personality

**Big Idea # 22: Perspectives on abnormal behavior** 

Big Idea #23: Categories of psychological disorders

Big Idea # 24: Categories of treatment and types of treatment providers

Big Idea #25: Legal, ethical, and professional issues in the treatment of psychological disorders

Big Idea # 26: Social cognition, social influence, and social relations in human society

Textbook and Supplemental Resources: Myers, David. Psychology for AP. New York, NY: Worth Publishers 2018, Ciccarelli and White. AP Psychology. Upper Saddle River, New Jersey: Pearson Education, Inc., Bernstein, Douglas. Psychology AP Edition. Wadsworth, Cengage Learning 2012, Cacioppo, John. Discovering Psychology, The Science of the Mind. Wadsworth, Cengage Learning 2013, Coon, Dennis. Introduction to Psychology, Gateways to Mind and Behavior. Wadsworth, Cengage Learning 2013, Kassin, Saul. Essentials of Psychology. Upper Saddle River: Pearson Education 2004, Myers, David. Exploring Psychology. New York: Worth Publishers 1996, Pettijohn, Terry. Psychology: A Concise Introduction. Guilford, Connecticut: The Dushkin Publishing Group 1992, Pettijohn, Terry. Teaching and Testing from Psychology: A Concise Introduction. Guilford, Connecticut: The Dushkin Publishing Group 1992, Plotnik, Rod. Introduction to Psychology: Pacific Grove, California: Wadsworth-Thomson Learning 2002, Speigelman, Jason. Instructor's Resource Manual to Accompany AP Psychology Text. Upper Saddle River, New Jersey: Pearson, Inc. 2011, Various related articles from current periodicals (ie: Psychology Today and Monitor on Psychology) Internet sites: http://www.psychology.org/links/, Other websites and newspaper articles will be included as the instructor examines and determines the content value of each one respective to the core curriculum. Technology: Smart Board technologies, Microsoft Word, Microsoft Power Point, Internet as research tool, various video excerpts.

ap-psychology-course-and-exam-description.pdf

#### **AP PSYCHOLOGY**

# Unit Guides

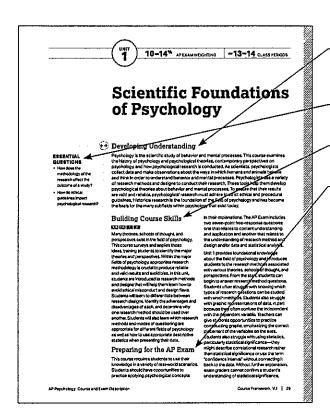
#### Introduction

Designed with extensive input from the community of AP Psychology educators, the unit guides offer teachers helpful guidance in building students' skills and knowledge. The suggested sequence was identified through a thorough analysis of the syllabi of highly effective AP teachers and the organization of typical college textbooks.

This unit structure respects new AP teachers' time by providing one possible sequence they can adopt or modify rather than having to build from scratch. An additional benefit is that these units enable the AP Program to provide interested teachers with formative assessments—the Personal Progress Checks—that they can assign their students at the end of each unit to gauge progress toward success on the AP Exam. However, experienced AP teachers who are satisfied with their current course organization and exam results should feel no pressure to adopt these units, which comprise an optional sequence for this course.

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#### Using the Unit Guides



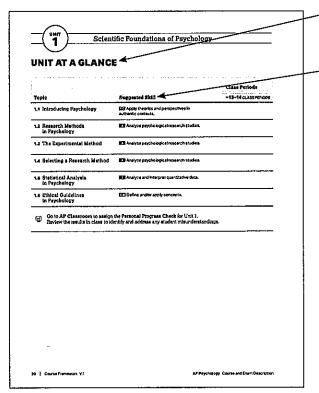
#### **UNIT OPENERS**

**Developing Understanding** provides an overview that contextualizes and situates the key content of the unit within the scope of the course.

The **essential questions** are thought-provoking questions that motivate students and inspire inquiry.

**Building Course Skills** describes specific aspects of the skills that are appropriate to focus on in that unit.

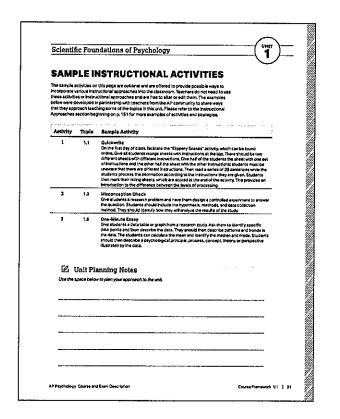
**Preparing for the AP Exam** provides helpful tips and common student misunderstandings identified from prior exam data.



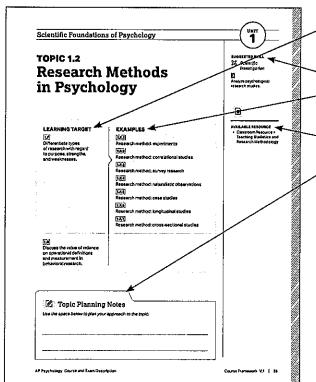
The **Unit at a Glance table** shows the topics and suggested skills. The class periods column has been left blank so that teachers can customize the time they spend on each topic.

The **suggested skill** for each topic shows one way to link the content in that topic to a specific AP Psychology skill. The questions on the Personal Progress Checks are based on this pairing. However, AP Exam questions can pair the content with any of the skills.

#### Using the Unit Guides



The Sample Instructional Activities includes optional activities that can help tie together the content and skill of a particular topic. The unit planning notes offers space for teachers to take notes on the unit.



#### **TOPIC PAGES**

Learning targets define what a student needs to be able to do with content knowledge in order to progress toward understanding.

The suggested skill offers a possible skill to pair with the topic.

Examples include the required content related to each learning target.

Where possible, available resources are listed that might help address a particular topic in the classroom.

The topic planning notes offers space for teachers to take notes on the individual topic.

#### **AP PSYCHOLOGY**

# UNIT 1 Scientific Foundations of Psychology



**10–14**%

AP EX AM WEIGHTING



~13–14

CLASS PERIODS

AP

Remember to go to **AP Classroom** to assign students the online **Personal Progress Check** for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

## Personal Progress Check 1 Multiple-choice: ~15 questions Free-response: 2 questions

- Research Design (partial)
- Research Design (partial)

## **Scientific Foundations** of Psychology



#### ♦→ Developing Understanding

#### **ESSENTIAL QUESTIONS**

- · How does the methodology of the research affect the outcome of a study?
- How do ethical guidelines impact psychological research?

Psychology is the scientific study of behavior and mental processes. This course examines the history of psychology and psychological theories, contemporary perspectives on psychology, and how psychological research is conducted. As scientists, psychologists collect data and make observations about the ways in which humans and animals behave and think in order to understand behavior and mental processes. Psychologists use a variety of research methods and designs to conduct their research. These tools help them develop psychological theories about behavior and mental processes. To ensure that their results are valid and reliable, psychologists' research must adhere to strict ethical and procedural guidelines. Historical research is the foundation of the field of psychology and has become the basis for the many subfields within psychology that exist today.

#### **Building Course Skills**

#### 1.A 1.C 2 3

Many theories, schools of thought, and perspectives exist in the field of psychology. This course surveys and applies those ideas, training students to identify the major theories and perspectives. Within the major fields of psychology, appropriate research methodology is crucial to produce reliable and valid results and avoid bias. In this unit, students are introduced to research methods and designs that will help them learn how to avoid ethical misconduct and design flaws. Students will learn to differentiate between research designs, identify the advantages and disadvantages of each, and determine why one research method should be used over another. Students will also learn which research methods and modes of questioning are appropriate for different fields of psychology as well as how to use appropriate descriptive statistics when presenting their data.

#### Preparing for the AP Exam

This course requires students to use their knowledge in a variety of real-world scenarios. Students should have opportunities to practice applying psychological concepts

in their explanations. The AP Exam includes two seven-point free-response questions: one that relates to content understanding and application and another that relates to the understanding of research method and design and/or data and statistical analysis.

Unit 1 provides foundational knowledge about the field of psychology and introduces students to the research methods associated with various theories, schools of thought, and perspectives. From the start, students can begin to answer research method questions. Students often struggle with knowing which types of research questions can be studied with which methods. Students also struggle with graphic representations of data, in part because they often confuse the independent with the dependent variable. Teachers can give students opportunities to practice constructing graphs, emphasizing the correct placement of the variables on the axes. Students also struggle with using statistics, particularly statistical significance—they might describe correlational research rather than statistical significance or use the term "confidence interval" without connecting it back to the data. Without further explanation, exam graders cannot confirm a student's understanding of statistical significance.



#### Scientific Foundations of Psychology

#### **UNIT AT A GLANCE**

Suggested Skill	~13~14 CLASS PERIODS
	-13-14 CLASS PERIODS
Apply theories and perspectives in authentic contexts.	
3 Analyze psychological research studies.	
3 Analyze psychological research studies.	
3 Analyze psychological research studies.	
2 Analyze and interpret quantitative data.	
I.A. Define and/or apply concepts.	
	Analyze psychological research studies.  Analyze psychological research studies.  Analyze psychological research studies.  Analyze psychological research studies.



#### SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	1.1	Quickwrite  On the first day of class, facilitate the "Slippery Snakes" activity, which can be found online. Give all students ratings sheets with instructions at the top. There should be two different sheets with different instructions. Give half of the students the sheet with one set of instructions and the other half the sheet with the other instructions; students must be unaware that there are different instructions. Then read a series of 20 sentences while the students process the information according to the instructions they are given. Students then mark their rating sheets, which are scored at the end of the activity. This provides an introduction to the difference between the levels of processing.
2	1.2	Misconception Check Give students a research problem and have them design a controlled experiment to answe the question. Students should include the hypothesis, methods, and data collection method. They should identify how they will analyze the results of the study.
3	1.5	One-Minute Essay Give students a data table or graph from a research study. Ask them to identify specific data points and then describe the data. They should then describe patterns and trends in the data. The students can calculate the mean and identify the median and mode. Students should then describe a psychological principle, process, concept, theory, or perspective illustrated by the data.
	Unit Pl	anning Notes
		anning Notes w to plan your approach to the unit.
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#### Scientific Foundations of Psychology

#### SUGGESTED SKILL

Concept
Understanding

#### 1.C

Apply theories and perspectives in authentic contexts.

### TOPIC 1.1 Introducing Psychology

#### **LEARNING TARGET**

#### 1.A

Recognize how philosophical and physiological perspectives shaped the development of psychological thought.

#### 1,B

Identify the research contributions of major historical figures in psychology.

#### **EXAMPLES**

#### 1.B.

Mary Whiton Calkins, major historical figure in psychology

#### 1.B.2

Charles Darwin, major historical figure in psychology

#### 1.B.3

Dorothea Dix, major historical figure in psychology

#### 1.B.4

Sigmund Freud, major historical figure in psychology

#### 1.B.5

G. Stanley Hall, major historical figure in psychology

#### 1.B.6

William James, major historical figure in psychology

#### 1.B.7

Ivan Pavlov, major historical figure in psychology

#### 1,B,8

Jean Piaget, major historical figure in psychology

#### 1.B.9

Carl Rogers, major historical figure in psychology

#### 1.B.10

B. F. Skinner, major historical figure in psychology

continued on next page

#### **LEARNING TARGET**

#### 1.8

Identify the research contributions of major historical figures in psychology.

Describe and compare different theoretical approaches in explaining behavior.

#### **EXAMPLES**

#### 1.B.11

Margaret Floy Washburn, major historical figure in psychology

#### 1.B,12

John B. Watson, major historical figure in psychology

#### 1.B.13

Wilhelm Wundt, major historical figure in psychology

#### 1.C.1

Structuralism

#### 1.C.2

Functionalism

#### 1.C.3

Early Behaviorism

#### 1.C.4

Gestalt

#### 1.C.5

Psychoanalytic/psychodynamic

#### 1.C.6

Humanistic

#### 1.C.7

Evolutionary approach

#### 1.C.8

Biological approach

#### 1.C.9

Cognitive approach

#### 1.C.10

Biopsychosocial approaches

#### 1.C.11

Sociocultural

#### 1.D

Recognize the strengths and limitations of applying theories to explain behavior.

continued on next page



#### Scientific Foundations of Psychology

LEARNING TARGET	EXAMPLES
1.E	1.E.1
Distinguish the different	Biological domain
domains of psychology.	1.E.2
	Clinical domain
	[1.E.3]
	Cognitive domain
,	·
•	1.E.4
	Counseling domain
	1.E.5
	Developmental domain
	1.E.6
	Educational domain
· ·	1.E.7
	Experimental domain
	1.E.8
	Industrial-organizational domain
	1.E.9
	Personality domain
•	1.E.10
	Psychometric domain
	1.E.11
•	Social domain
·	
	1.E.12 Positive domain
	Positive domain
	en e
	•
ny 1 gar	
Topic Plann	ing Notes
14	your approach to the topic
Use the space below to plan	Tyour approach to the topic.
14.	ryour approach to the topic.
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### **TOPIC 1.2 Research Methods** in Psychology

#### LEARNING TARGET

Differentiate types of research with regard to purpose, strengths, and weaknesses.

#### **EXAMPLES**

Research method: experiments

1.F.2

Research method: correlational studies

Research method: survey research

1.F.4

Research method: naturalistic observations

1.F.5

Research method: case studies

Research method: longitudinal studies

1.F.7

Research method: cross-sectional studies

1.G

Discuss the value of reliance on operational definitions and measurement in behavioral research,

#### **Object Planning Notes**

Use the space below to plan your approach to the topic.

#### SUGGESTED SKILL

Scientific \*\* Investigation

Analyze psychological research studies.



#### **AVAILABLE RESOURCE**

 Classroom Resource > Teaching Statistics and Research Methodology



#### Scientific Foundations of Psychology

#### SUGGESTED SKILL

Scientific
Investigation

#### 3

Analyze psychological research studies.



#### **AVAILABLE RESOURCE**

 Classroom Resource > Teaching Statistics and Research Methodology

# TOPIC 1.3 Defining Psychological Science: The Experimental Method

#### **LEARNING TARGET**

#### 1.H

Identify independent, dependent, confounding, and control variables in experimental designs.

#### 1,1

Describe how research design drives the reasonable conclusions that can be drawn.

1.1.1

**EXAMPLES** 

Experiments are useful for determining cause and effect.

#### 1.1.2

The use of experimental controls reduces alternative explanations.

#### 1.1.3

Random assignment is needed to demonstrate cause and effect.

#### 1.1.4

Correlational research can indicate if there is a relationship or association between two variables but cannot demonstrate cause and effect.

#### 1.J

Distinguish between random assignment of participants to conditions in experiments and random selection of participants, primarily in correlational studies and surveys.



# TOPIC 1.4 Selecting a Research Method

#### SUGGESTED SKILL

Scientific
Investigation

#### 3

Analyze psychological research studies.

#### **LEARNING TARGET**

1.K

Predict the validity of behavioral explanations based on the quality of research design.

#### **EXAMPLES**

1.K.

Confounding variables limit confidence in research conclusions.

Topic Planning Notes	
Use the space below to plan your approach to the to	pic.
	;



#### **Scientific Foundations of Psychology**

#### SUGGESTED SKILL

🔀 Data Analysis

2

Analyze and interpret quantitative data.



#### **AVAILABLE RESOURCE**

 Classroom Resource > Teaching Statistics and Research Methodology

# TOPIC 1.5 Statistical Analysis in Psychology

#### **LEARNING TARGET**

1.1

Apply basic descriptive statistical concepts, including interpreting and constructing graphs and calculating simple descriptive statistics.

#### **EXAMPLES**

1.L.1

Measures of central tendency

1.L.2

Variation (range, standard deviation)

1.L.3

Correlation coefficient

1.L.4

Frequency distribution (normal, bimodal, positive skew, negative skew)

1.M

Distinguish the purposes of descriptive statistics and inferential statistics.

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Use the space below to plan your approach to the topic.

# TOPIC 1.6 Ethical Guidelines in Psychology

SUGGESTE	D SKILL

Concept
Understanding

1.A

Define and/or apply concepts.

LEARNING TARGET	EXAMPLES	. }
Identify how ethical issues inform and constrain research practices.		
Describe how ethical and legal guidelines protect research participants and promote sound ethical practice.	Those provided by the American Psychological Association  1.0.2 Federal regulations  1.0.3 Local Institutional Review Board (IRB)  1.0.4 Institutional Animal Care and Use Committee (IACUC)	

Topic Planning Notes
Use the space below to plan your approach to the topic.

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#### **AP PSYCHOLOGY**

# UNIT 2 Biological Bases of Behavior



8-10%
AP EXAM WEIGHTING



~11-12 CLASS PERIODS



Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

## Personal Progress Check 2 Multiple-choice: ~25 questions Free-response: 2 questions

- Concept Application (partial)
- Concept Application (partial)

## **Biological Bases** of Behavior

AP EXAM WEIGHTING

#### 

#### **ESSENTIAL** QUESTIONS

- How can biology influence our behavior and mental processes?
- What happens when a particular neurotransmitter is absent from the body?
- How do biological and environmental factors interact to influence our behaviors and mental processes?

The structures of human biological systems and their functions influence our behavior and mental processes. Some psychologists study behaviors and mental processes from a biological perspective. This includes an examination of the influence that the interaction between human biology and our environment has on behavior and mental processes. This is a recurring topic throughout the course that will be used to explain many psychological phenomena. The biological perspective also provides insight into the causes of and treatments for psychological disorders. There is a complex interaction between a person's biology and their behavior and mental processes. Heredity and environment play a role, as do variations in a person's consciousness.

#### **Building Course Skills**

#### 1.A 1.B 2

Unit 2 focuses on blending knowledge about physiological processes and psychology to provide better explanations of behavior and mental processes. This course teaches students how biological and anatomical structures play an active role in an individual's mental and behavioral development. To demonstrate an understanding of these biological bases of psychology, students should describe the concept or apply it to a scenario.

As students learn to describe this blended physiological and psychological knowledge, they should be able to apply it to behavior and mental processes in other fields of psychology (e.g., memory, learning, development, and social psychology). This approach will help students understand how psychological theories, schools of thought, and perspectives were developed. Students will also continue to build on their understanding of the appropriate use of research methods and designs from Unit 1.

#### Preparing for the AP Exam

Students often struggle with knowing which neurotransmitters function with which biological processes and how those functions relate to behavior and mental processes. Teachers can give students opportunities to map the neurotransmitter pathways and describe outcomes in both successful and disrupted transmission. Students will also benefit from many opportunities to connect psychological processes to an individual's physiology. They often struggle to make accurate and complete connections between anatomy and physiology as it relates to behavior and mental processes. If a question asks students to give an explanation, they would need to provide an answer in terms of evidence and/or reasoning.



#### Biological Bases of Behavior

#### **UNIT AT A GLANCE**

		Class Periods
Topic	Suggested Skill	~11-12 CLASS PERIODS
2.1 Interaction of Heredity and Environment	1.B Explain behavior in authentic context.	
2.2 The Endocrine System	1.A Define and/or apply concepts.	
2.3 Overview of the Nervous System and the Neuron	1.A Define and/or apply concepts.	
2.4 Neural Firing	1-A Define and/or apply concepts.	
2.5 Influence of Drugs on Neural Firing	1-A Define and/or apply concepts.	
2.6 The Brain	1.A Define and/or apply concepts.	
2.7 Tools for Examining Brain Structure and Function	2 Analyze and interpret quantitative data.	
2.8 The Adaptable Brain	1.A Define and/or apply concepts.	
2.9 Sleep and Dreaming	1.A Define and/or apply concepts.	
Go to <b>AP Classroom</b> to assign	Define and/or apply concepts.  In the Personal Progress Check for Unit 2.  Identify and address any student misunderstanding.	ngs.

Course Framework V.1 | 44 Return to Table of Contents

#### SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	2.1	Construct an Argument Have students read the article "Are You a Natural?" from the book 40 Studies that Changed AP Psychology. Then have them write an abstract of the article that includes the research question, methodology, and conclusions. Lead the class in a discussion about the interaction of nature and nurture.
2	2,2	Fishbowl Provide students with various scenarios of physiological changes in the body related to the endocrine system. Students should read the scenario, identify the hormone, and explain why the change is occurring. At the end of the unit, or after Topic 2.3, have students compare and contrast neurotransmitters and hormones.
3	2.3	Manipulatives Give students sheets of butcher paper. Have them draw two neurons and label their parts. Then have them model an action potential traveling through the two neurons using everyday materials such as tennis balls or ping pong balls. Add variety by having students model what happens in response to different neurons.
4	2.6	Manipulatives  Have student pairs create a model of the brain by tracing each other's heads on a piece of paper. On each drawing, they should draw and color in the parts of the brain. Then have them define each part and explain its function.
5	2.9	Think-Pair-Share Begin by having students watch the TED talk "Why Do We Sleep?" Have students maintain a written or electronic sleep log for one to two weeks. Afterward, have them calculate their data and discuss any dreams they recorded. Follow up by giving them dream scenarios with an explanation from each dream theory. Students can then write a letter to the school administration about why school start times should be later for teens.

Unit Planning Notes	
Use the space below to plan your approach to the unit.	



#### **Biological Bases of Behavior**

**LEARNING TARGET** 

Discuss psychology's abiding interest in how heredity, environment, and evolution work together to

2.A

#### SUGGESTED SKILL

Concept
Understanding

#### 1,B

Explain behavior in authentic context.

# Interaction of Heredity and Environment

**EXAMPLES** 

Identify key research contributions of scientists in the area of heredity and environment.	<b>2.8.1</b> Contributions of Charles Darwin, a key scientis in the area of heredity and environment
F721	
Predict how traits and behavior can be selected for their adaptive value.	
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☐ Topic Planning	g Notes
Topic Planning Use the space below to plan yo	
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# TOPIC 2.2 The Endocrine System

#### SUGGESTED SKILL

Concept
Understanding

#### 1.A

Define and/or apply concepts.

LEA	R	NI	NG	TA	RG	ET
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2.D

Discuss the effect of the endocrine system on behavior.

	Topic Planning Notes  Use the space below to plan your approach to the topic.
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414	



#### **Biological Bases of Behavior**

**LEARNING TARGET** 

Identify basic processes and systems in the biological bases of behavior, including parts of the neuron.

Describe the nervous system and its subdivisions

and functions.

#### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior

# TOPIC 2.3 Overview of the Nervous System and the Neuron

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	Topic	Plannin	g Note	s			
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**EXAMPLES** 

Central and peripheral nervous systems

2.E.1

## TOPIC 2.4 Neural Firing

#### **LEARNING TARGET**

2.G

Identify basic process of transmission of a signal between neurons.

#### SUGGESTED SKILL

Concept
Understanding

#### 1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior

:



#### **Biological Bases of Behavior**

#### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior

# TOPIC 2.5 Influence of Drugs on Neural Firing

#### **LEARNING TARGET**

2.H

Discuss the influence of drugs on neurotransmitters.

#### **EXAMPLES**

2.H.1

Reuptake mechanisms

2.H.2

Agonists

2.H.3

Antagonists

Topic Planning Notes
Use the space below to plan your approach to the topic.

## TOPIC 2.6 The Brain

ı	F	A	NI	N	G	TA	R	G	FT
-				ш	v			u	-

2.1

Describe the nervous system and its subdivisions and functions in the brain.

2,J

Identify the contributions of key researchers to the study of the brain.

#### **EXAMPLES**

2.1.1

Major brain regions

2.1.2

Lobes

2.1.3

Cortical areas

2.1.4

Brain lateralization and hemispheric specialization

2.J.1

Contributions of Paul Broca

2,J,2

Contributions of Carl Wernicke

#### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior

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ĺ	Topic Planning Notes
	Use the space below to plan your approach to the topic.
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#### **Biological Bases of Behavior**

#### SUGGESTED SKILL

🔀 Data Analysis

#### 2

Analyze and interpret quantitative data.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior

# Tools for Examining Brain Structure and Function

#### **LEARNING TARGET**

#### 2.K

Recount historic and contemporary research strategies and technologies that support research.

#### **EXAMPLES**

2,K,1

Research tool: case studies

2.K.2

Research tool: split-brain research

2.K.3

Research tool: imaging techniques

2.K.4

Research tool: lesioning

2.K.5

Research tool: autopsy

2.L

Identify the contributions of key researchers to the development of tools for examining the brain.

2.L.1

Contributions of Roger Sperry

<u> </u>	了 了 <b>Topic</b>	Planning	Notes			
Use	the space bei	ow to plan your	approach to	the topic.		
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## TOPIC 2.8 The Adaptable Brain

#### LEARNING TARGET

2.M

Discuss the role of neuroplasticity in traumatic brain injury.

2.N

Identify the contributions of key researchers to the study of neuroplasticity.

2.0

Describe various states of consciousness and their impact on behavior.

2.P

Identify the major psychoactive drug categories and classify specific drugs, including their psychological and physiological effects.

2Q

Discuss drug dependence, addiction, tolerance, and withdrawal.

2.R

Identify the contributions of major figures in consciousness research.

**EXAMPLES** 

2.N.1

Contributions of Michael Gazzaniga

2.P.1

Depressants

2.P.2

Stimulants

2,P,3

Hallucinogens

2.R.1

Contributions of William James, major figure in consciousness research

2.R.2

Contributions of Sigmund Freud, major figure in consciousness research

#### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > The Brain, the Nervous System, and Behavior



#### **Biological Bases of Behavior**

#### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.

# TOPIC 2.9 Sleeping and Dreaming

#### **LEARNING TARGET**

2.5

Discuss aspects of sleep and dreaming.

#### **EXAMPLES**

2.5.1

Neural and behavioral characteristics of the stages of the sleep cycle

2,5,2

Theories of sleep and dreaming

2,5,4

Symptoms and treatments of sleep disorders

/ F	opic Plann	ung Note	S		
Use the sp	ace below to pla	n your approac	ch to the topic.		
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#### **AP PSYCHOLOGY**

## UNIT 3

# Sensation and Perception

AP.

6-8%



~11-12
CLASS PERIODS

AP

Remember to go to **AP Classroom** to assign students the online **Personal Progress Check** for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 3
Multiple-choice: ~20 questions
Free-response: 1 question

Concept Application

## **Sensation and Perception**

#### (-) Developing Understanding

#### **ESSENTIAL** QUESTIONS

- How do we process the information we receive from our environments?
- How does our interpretation of the information we receive from the environment influence our behaviors and mental processes?

Psychologists study sensation and perception to explain how and why externally gathered sensations and perceptions impact behaviors and mental processes. Using input from several anatomical structures, the sensations we perceive process and interpret information about the environment around us and our place within it. This results in perceptions that influence how we think and behave. In this way, sensation and perception provide a bridge between the biological and cognitive perspectives, offering aspects of both for explaining how we think and behave.

#### **Building Course Skills**

#### 1.A 1.B 1.C 3

Unit 3 builds on the biological foundation of psychology established in the previous unit. This progress toward understanding the brain, sensory organs, and central nervous system highlights the physiological processes involved in an individual's perception of their surroundings. Students should be able to describe examples of anatomical structures, physiological processes, and psychological concepts related to sensation and perception.

Understanding the effects of sensation and perception on behavior and mental processes builds on what students learned in Unit 1 about psychological theories and perspectives, particularly their strengths and weaknesses. Students will also increase their understanding of scientific investigation, furthering their understanding of the physiological process of energy transduction as it relates to chemical senses.

#### Preparing for the AP Exam

Much like Unit 2, the content of this unit requires students to make connections between physiology and psychology. For example, students may be asked to relate a person's receipt of information in their environment with their perception of that information. Students tend to provide an inadequate amount of detail to demonstrate understanding in response to questions related to anatomy. For example, an inadequate response about the role of the cerebellum would be, "It helps you move." This is not enough information, because the parietal lobe also aids in movement. The response, "It helps you coordinate your movement," indicates deeper knowledge. In some cases, when a familiar word appears in a free-response question, students tend to give a definition of the word as their response when more is needed to earn the point.



### Sensation and Perception

### **UNIT AT A GLANCE**

The state of the s		Class Periods		
Topic	Suggested Skill	~11-12 CLASS PERIODS		
3.1 Principles of Sensation				
3.2 Principles of Perception	1.B Explain behavior in authentic context.			
3.3 Visual Anatomy	1.A Define and/or apply concepts.			
3.4 Visual Perception	1.B Explain behavior in authentic context,			
3.5 Auditory Sensation and Perception	1.B Explain behavior in authentic context.			
3.6 Chemical Senses	3 Analyze psychological research studies.			
3.7 Body Senses	1.A Define and/or apply concepts.			
IRF1	gn the <b>Personal Progress Check</b> for Unit 3. identify and address any student misunderstandings.			

#### SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	3.1	Think-Pair-Share Ask students, "If you had to give up one of your senses, which one would you be willing to live without?" Have them explain their answer. Then ask, "If you could only keep one of you senses, which one would you choose?" Have them explain their answer.
2	3.3	Misconception Check  Have students draw and label a diagram of the eye, noting the functions of the labeled structures. Emphasis should be placed on the rods and cones. Students can do a blind-spot test and a test for visual acuity.
3	3.6	Graph and Switch Give each pair of students 10 jellybeans. Have each partner take a turn tasting five jellybeans with eyes closed and nose plugged. Have the other partner record whether or not the subject correctly identified the flavor in each of the five trials. Collect the class data and graph the results on the board to be analyzed. Without the olfactory sense and sight, most individuals cannot accurately identify flavors. Have students explain how this relates to sensory interaction.

Unit Planning Notes
Use the space below to plan your approach to the unit.
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#### **Sensation and Perception**

#### SUGGESTED SKILL

Concept
Understanding

#### 1.A

Define and/or apply concepts.

## TOPIC 3.1 Principles of Sensation

#### **LEARNING TARGET**

3.A

Describe general principles of organizing and integrating sensation to promote stable awareness of the external world.

#### **EXAMPLES**

3.A.1

Gestalt principles

3.A.2

Depth perception

3.A.3

Top-down processing

3.A.4

Bottom-up processing

3.B

Discuss basic principles of sensory transduction, including absolute threshold, difference threshold, signal detection, and sensory adaptation.

3.C

Identify the research contributions of major historical figures in sensation and perception. 3.C.1

Contributions of Gustav Fechner

3.C.2

Contributions of David Hubel

3.C,3

Contributions of Ernst Weber

3.C.4

Contributions of Torsten Wiesel

## **TOPIC 3.2 Principles of Perception**

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Concept \*\* Understanding

Explain behavior in authentic context.

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Discuss how experience and culture can influence perceptual processes.

#### **EXAMPLES**

3.D.1

Perceptual set

3,D,2

Context effects

3.D.3

Schema

Discuss the role of attention in behavior.

Topic Planning Notes	
Use the space below to plan your approach to the topic.	

#### **Sensation and Perception**

#### SUGGESTED SKILL

Concept
Understanding

#### 1.A

Define and/or apply concepts.

## TOPIC 3.3 Visual Anatomy

#### **LEARNING TARGET**

3.F

Describe the vision process, including the specific nature of energy transduction, relevant anatomical structures, and specialized pathways in the brain for each of the senses.

3.G

Explain common sensory conditions.

#### **EXAMPLES**

3.F.1

Vision process

3.F.2

Concepts related to visual perception

3.F.3

Theories of color vision

3.G.1

Visual and hearing impairments

3.G.2

Synesthesia

Ø 1	Popic Planning Notes  pace below to plan your approach to the topic.
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# TOPIC 3.4 Visual Perception

#### SUGGESTED SKILL

Concept
Understanding

#### 1.B

Explain behavior in authentic context,

#### **LEARNING TARGET**

3.H

Explain the role of top-down processing in producing vulnerability to illusion.

Topic Planning Notes
Use the space below to plan your approach to the topic.
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#### **Sensation and Perception**

#### SUGGESTED SKILL

Concept
Understanding

1.B

Explain behavior in authentic context.

# Auditory Sensation and Perception

#### **LEARNING TARGET**

3.1

Describe the hearing process, including the specific nature of energy transduction, relevant anatomical structures, and specialized pathways in the brain for each of the senses.

#### **EXAMPLES**

3.1.1

Hearing process

☑ Topic Planning Notes
Use the space below to plan your approach to the topic.

## TOPIC 3.6 Chemical Senses

#### SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

#### **LEARNING TARGET**

**3.**J

Describe taste and smell processes, including the specific nature of energy transduction, relevant anatomical structures, and specialized pathways in the brain for each of the senses.

#### **EXAMPLES**

3.J.1

Taste

3.J.2

Smell

Topic Planning Notes	
Use the space below to plan your approach to the topic.	



#### **Sensation and Perception**

#### SUGGESTED SKILL

Concept
Understanding

#### 1.A

Define and/or apply concepts.

## TOPIC 3.7 Body Senses

#### **LEARNING TARGET**

3.K

Describe sensory processes, including the specific nature of energy transduction, relevant anatomical structures, and specialized pathways in the brain for each of the body senses.

#### **EXAMPLES**

3.K.1

Body sense: touch

3.K.2

Body sense: pain

3.K.3

Body sense: vestibular

3.K.4

Body sense: kinesthesis

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### **AP PSYCHOLOGY**

# UNIT 4 Learning

AP

**7–9%** AP EXAM WEIGHTING



~9-10

AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 4
Multiple-choice: ~10 questions
Free-response: 1 question

Research Design

AP EXAM WEIGHTING

## Learning



#### Developing Understanding

#### **ESSENTIAL** QUESTIONS

- How do we learn?
- How do our experiences influence our behaviors and mental processes?

Some psychologists focus their study on how humans and other animals learn and how some experiences can lead to changes in behavior and mental processes. Because the process of learning requires both physiological and psychological processes to work together, the two preceding units provide the foundation for this unit. Many psychologists who study learning focus on observable behaviors and how those behaviors can be changed or reinforced. Other learning psychologists study how the individual's observations of other peoples' behaviors influence changes in that individual's mental processes and resulting behaviors.

#### **Building Course Skills**

#### 

This unit integrates knowledge about physiological processes and psychological concepts from Units 2 and 3 within the context of learning processes. Major learning theories are introduced, as well as the experiments that were conducted to refine these theories. This increased understanding of research methods and design, first introduced in Unit 1, will reinforce the importance of valid and reliable research methods. This is a great place in the course to introduce case studies as a research method. This unit also gives students the opportunity to move from an understanding of the major theories to the research that was conducted to refine them and then to the data analysis involved in explaining the psychological phenomena.

#### Preparing for the AP Exam

Classical and operant conditioning are learning methods that help explain behavior and mental processes. While these theories share many common attributes and involve similar processes, they are different, and they explain behavior and mental processes differently. Teachers can model these theories with examples that are accessible and interesting to help students recognize the differences and better understand how each theory explains behavior and mental processes. On the AP Exam, students often confuse classical and operant conditioning and describe the incorrect one. Students should be able to describe the principles of classical and/or operant conditioning and explain how they function to alter behavior and mental processes.



#### Learning

### **UNIT AT A GLANCE**

		Class Periods
l'opic	Suggested Skill	~9-10 CLASS PERIODS
1.1 Introduction to Learning	Explain behavior in authentic context.	
.2 Classical Conditioning	Explain behavior in authentic context.	
.3 Operant Conditioning	1.B Explain behavior in authentic context.	
.4 Social and Cognitive Factors in Learning	Explain behavior in authentic context.	
	the Personal Progress Check for Unit 4.	

#### SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	4.1	Misconception Check Provide students with a list of behaviors and ask them to write down which behaviors are examples of learning. Provide a mini-lecture on learning, including the definition and the different types of learning. At the end of the lesson, read the list of behaviors again and ask students to identify which behaviors are examples of learning. Compare answers from the beginning of class and clarify misconceptions.
2	4.2	Ask the Expert (or Students as Experts)  Have students create their own (appropriate) skit to demonstrate their understanding of classical conditioning. Required elements include neutral stimulus, unconditioned stimulus, unconditioned response, conditioned stimulus, and conditioned response. Students can perform their skits live in class or record them and upload them to YouTube.
3	4.3	Construct an Argument Provide students with a list of scenarios that include examples of classical and operant conditioning. Have students identify the type of learning (classical or operant). If it is classical, have them identify the UCS, UCR, NS, CS, and CR. If it is operant, have them determine if the scenario is punishment or reinforcement (positive or negative).
4	4.4	Index Card Summaries/Questions Bonobos, closely related to humans, exhibit the capacity to share with members of their troop. Have students read articles with research findings on bonobos. Then have them develop research questions that could be asked based on findings in the articles. These questions should be relevant to the field of social and cognitive development and related to learning.

Unit Planning Notes	e see e
Use the space below to plan your approach to the unit.	·
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#### Learning

#### SUGGESTED SKILL

Concept
Understanding

#### 1.6

Explain behavior in authentic context.

# TOPIC 4.1 Introduction to Learning

#### **LEARNING TARGET**

#### 4.A

Identify the contributions of key researchers in the psychology of learning.

#### **EXAMPLES**

#### 4.A.1

Contributions of Albert Bandura, key researcher to the psychology of learning

#### 4.A.2

Contributions of Ivan Pavlov, key researcher in the psychology of learning

#### 4.A.3

Contributions of Robert Rescorla, key researcher in the psychology of learning

#### 4.A.4

Contributions of B. F. Skinner, key researcher in the psychology of learning

#### 4.A.5

Contributions of Edward Thorndike, key researcher in the psychology of learning

#### 4.A.6

Contributions of Edward Tolman, key researcher in the psychology of learning

#### 4.A.7

Contributions of John B. Watson, key researcher in the psychology of learning

#### 4.A.8

Contributions of John Garcia, key researcher in the psychology of learning

#### 4.B

Interpret graphs that exhibit the results of learning experiments.

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LEARNING TARGET	1		
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4.C			
Describe the essential			
characteristics of insight earning, latent learning, and			
social learning,	ŀ		
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4.D			
Apply learning principles to explain emotional learning,			
aste aversion, superstitious	·	·	
ehavior, and learned			
elplessness.			
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rovide examples of how			
iological constraints create			
earning predispositions.	I		
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Topic Planning			
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#### Learning

#### SUGGESTED SKILL

Concept
Understanding

#### 1.B

Explain behavior in authentic context.

# TOPIC 4.2 Classical Conditioning

#### **LEARNING TARGET**

4.F

Describe basic classical conditioning phenomena.

#### **EXAMPLES**

4.F.1

Acquisition

4.F.2

Extinction

4.F.3

Spontaneous recovery

4.F.4

Generalization

4.F.5

Stimulus discrimination

4.F.6

Higher-order learning

4.F.7

Unconditioned stimulus

4.F.8

Unconditioned response

4.F.9

Neutral/conditioned stimulus

4.F.10

Conditioned response

4.G

Distinguish general differences between principles of classical conditioning, operant conditioning, and observational learning. 4.G.1

Contingencies

# TOPIC 4.3 Operant Conditioning

SUGGESTED SKILL

Concept
Understanding

1.B

Explain behavior in authentic context,

LEARNING TARGET	L	EΑ	RN	IIN	G	TA	RG	ΕT
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4.H

Predict the effects of operant conditioning.

**EXAMPLES** 

4.H.

Positive reinforcement

4.H.2

Negative reinforcement

4.H.3

Positive punishment

4.H.4

Negative punishment

4.1

Predict how practice, schedules of reinforcement, other aspects of reinforcement, and motivation will influence quality of learning.

Topic Planning Notes	٦
Use the space below to plan your approach to the topic.	



Learning

#### SUGGESTED SKILL

Concept
Understanding

#### 1.8

Explain behavior in authentic context.

# Social and Cognitive Factors in Learning

#### LEARNING TARGET

4.J

Suggest how behavior modification, biofeedback, coping strategies, and self-control can be used to address behavioral problems.

Topic Planning Notes
Use the space below to plan your approach to the topic.

### **AP PSYCHOLOGY**

# UNIT 5 Cognitive Psychology



13-17%



~17-18
CLASS PERIODS

AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 5
Multiple-choice: ~30 questions
Free-response: 1 question

Concept Application

## **Cognitive Psychology**



#### 🖼 Developing Understanding

#### **ESSENTIAL QUESTIONS**

- What roles do memory and thinking play in our behaviors?
- What is intelligence and how can we study it to understand it?

In this unit, knowledge surrounding sensation, perception, and learning provides the foundation for an understanding of cognition. Cognitive psychologists focus their research on the complex nature of the brain, particularly the areas of memory processes and intelligence and the influence of mental processes on behavior. Understanding how this information is gathered and processed gives insight into how we make sense of and perceive the world. Some cognitive psychologists attempt to answer how and why cognitive processes fail despite (or because of) the complexity of our biological structures. Teachers can offer students opportunities to provide their own explanations for these phenomena. Other psychologists study intelligence and the reasons for individual differences. This cognitive perspective offers one way to understand how our thinking impacts our behavior, which can in turn provide insight into psychological disorders and their treatment.

#### **Building Course Skills**

#### 1.A 1.B 1.C 3

Cognition, which covers both memory processes and individual differences in intelligence, plays a major role in the field of psychology today. Building on the anatomical structures and biological processes learned in Units 2 and 3, this unit emphasizes the memory processes of encoding, storing, and retrieving information from the brain. Students are moving beyond definitional understanding of psychological concepts and perspectives and are now reasoning systematically.

Students should be able to connect the in-depth presentation of the cognitive perspective to other psychological perspectives introduced in Units 1 and 2. They will also continue their analysis and interpretation of quantitative data in relation to cognitive research, building understanding of why particular research methods are used for specific types of data collection.

#### Preparing for the AP Exam

Students tend to have difficulty articulating ideas about thinking and problem solving. They will often state an accurate idea about cognition but fail to expand on the idea enough to earn full credit for the answer. Students should be able to demonstrate knowledge of the similarities and differences in short-term and procedural memory and the factors that affect each to achieve success on the AP Exam, Students should also be able to explain how the elements of memory contribute to a person's behavior. The ability to demonstrate an understanding of how information is encoded, stored, and retrieved in memory is also crucial. Students should be able to describe the acquisition of language, the factors that facilitate it, and its use in communicating ideas. Additionally, they may have to answer questions about normal curves as well as about positive and negative correlation.



### Cognitive Psychology

### **UNIT AT A GLANCE**

Topic	Suggested Skill	Class Periods
		~17-18 CLASS PERIODS
5.1 Introduction to Memory	1.A Define and/or apply concepts.	
5.2 Encoding	1.B Explain behavior in authentic context.	
5.3 Storing	<b>1.B</b> Explain behavior in authentic context.	
5.4 Retrieving	1.B Explain behavior in authentic context.	
5.5 Forgetting and Memory Distortion	Explain behavior in authentic context.	
5.6 Biological Bases of Memory	1.A Define and/or apply concepts.	
5.7 Introduction to Thinking and Problem Solving	1.A Define and/or apply concepts.	
5.8 Biases and Errors in Thinking	18 Explain behavior in authentic context.	
5.9 Introduction to Intelligence	1.C Apply theories and perspectives in authentic contexts.	
5.10 Psychometric Principles and Intelligence Testing	3 Analyze psychological research studies.	
5.11 Components of Language and Language Acquisition	Apply theories and perspectives in authentic contexts.	
Go to <b>AP Classroom</b> to assign to Review the results in class to iden	he <b>Personal Progress Check</b> for Unit 5. ntify and address any student misunderstandings.	

### **SAMPLE INSTRUCTIONAL ACTIVITIES**

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	5.1	Ask the Expert (or Students as Experts) Assign students as "experts" on types of memory. Students should then rotate through stations in groups, with the experts ensuring that all other students understand the type of memory that they are responsible for teaching. Then have students repeat the experiment on the Sperling effect.
2	5.2	Quickwrite  Read a series of five numbers aloud and then have students recall the set of numbers from memory. Repeat the exercise, increasing the amount of numbers each time until you reach 12
3	5.3	Think-Pair-Share Have students try to recall the names of the seven dwarfs in <i>Snow White.</i> Then show them a list that includes the dwarfs, among other similar names, and ask them to pick out the correct names.
4	5.4	Index Card Summaries/Questions Have students draw the face side of a penny from memory with as much detail as possible. Then have them read excerpts from the book Moonwalking with Einstein, by Joshua Foer. Ask students to summarize the methods Foer describes to help memory and then discuss the ways they remember information.
5	5.5	One-Minute Essay Review Loftus's study on the misinformation effect as it pertains to car accidents. Have students reflect on the validity of eyewitness testimony and the misconception of how it is used in criminal justice trials. Review other related eyewitness studies, such as the weapons-focus effect and the other-race effect. Have them review studies that support the weapons-focus effect as well as others that don't. Have students examine the problems associated with wrongful convictions based on eyewitness testimony.

Unit Planning Notes	
Use the space below to plan your approach to the unit.	



#### **Cognitive Psychology**

#### SUGGESTED SKILL



Concept 2 Understanding

#### 1.A

Define and/or apply concepts.



#### **AVAILABLE RESOURCE**

 Classroom Resource > Cognition and Language

## **TOPIC 5.1** Introduction to Memory

#### **LEARNING TARGET**

5.A

Compare and contrast various cognitive processes.

#### **EXAMPLES**

5.A.1

Effortful versus automatic processing

Deep versus shallow processing

Selective versus divided attention

5.A.4

Metacognition

5.B

Describe and differentiate psychological and physiological systems of memory.

Short-term memory

5.8.2

Implicit memory (procedural)

5.B.3

Long-term memory

Sensory memory (echoic, iconic)

Prospective memory

Explicit memory (semantic, episodic)

5.B.7

Physiological systems

continued on next page

#### **LEARNING TARGET**

5.C

Identify the contributions of key researchers in cognitive psychology.

#### **EXAMPLES**

5.C.1

Contributions of Noam Chomsky

5.C.2

Contributions of Hermann Ebbinghaus

5.C.3

Contributions of Wolfgang Köhler

5.C.4

Contributions of Elizabeth Loftus

5.C.5

Contributions of George A. Miller

Topic Planning Notes	
Use the space below to plan your approach to the topic.	
	***
	J <b>44</b>



**Cognitive Psychology** 

#### SUGGESTED SKILL

Concept
Understanding

#### 1.B

Explain behavior in authentic context.

# TOPIC 5.2 Encoding

#### LEARNING TARGET

5,D

Outline the principles that underlie construction and encoding of memories.

Topic Planning Notes	7
Use the space below to plan your approach to the topic.	

# TOPIC 5.3 Storing

#### SUGGESTED SKILL

Concept
Understanding

#### 1.B

Explain behavior in authentic context.

#### **LEARNING TARGET**

5.E

Outline the principles that underlie effective storage of memories.

Topic Planning Notes	$\neg$
Use the space below to plan your approach to the topic.	



**Cognitive Psychology** 

#### SUGGESTED SKILL

Concept
Understanding

#### 1.B

Explain behavior in authentic context.

# TOPIC 5.4 Retrieving

#### LEARNING TARGET

5.F

Describe strategies for retrieving memories.

	Topic Planning Notes
	pace below to plan your approach to the topic.
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# TOPIC 5.5 Forgetting and Memory Distortion

#### **LEARNING TARGET**

5.G

Describe strategies for memory improvement and typical memory errors.

Topic Planning Notes	-
Use the space below to plan your approach to the topic.	

#### SUGGESTED SKILL

Concept
Understanding

1.8

Explain behavior in authentic context.



#### **AVAILABLE RESOURCE**

 Classroom Resource > Cognition and Language



Cognitive Psychology

### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.



### **AVAILABLE RESOURCE**

 Classroom Resource > Cognition and Language

### TOPIC 5.6 Biological Bases for Memory

### **LEARNING TARGET**

5.H

Describe and differentiate psychological and physiological systems of short- and long-term memory.

Topic Planning Notes
Use the space below to plan your approach to the topic.
***************************************

Understanding

SUGGESTED SKILL

Concept

Define and/or apply concepts.

# Introduction to Thinking and Problem Solving

LEARNING TARGET	
LEARNING TARGET	
5.1	
Identify problem-solving strategies as well as	
factors that influence their effectiveness,	
List the characteristics of creative thought and	
creative thinkers.	

Tonia Diamaina No.	
☑ Topic Planning Notes	
Use the space below to plan your approach to the topic.	
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Cognitive Psychology

### SUGGESTED SKILL

Concept
Understanding

### 1.B

Explain behavior in authentic context.

### TOPIC 5.8 Biases and Errors in Thinking

### **LEARNING TARGET**

5.K

Identify problem-solving strategies as well as factors that create bias and errors in thinking.

Tonia Planning Notes
Use the space below to plan your approach to the topic.



### TOPIC 5.9 Introduction to Intelligence

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### **LEARNING TARGET**

5.L

Define intelligence and list characteristics of how psychologists measure intelligence.

### **EXAMPLES**

5.L,1

Abstract versus verbal measures

5.L,2

Speed of processing

5.L.3

Fluid intelligence

5.L.4

Crystallized intelligence

5.L.5

Flynn effect

5.L.6

Stereotype threat

5.L.7

Savant syndrome

5.M

Discuss how culture influences the definition of intelligence.

5.N

Compare and contrast historic and contemporary theories of intelligence.

5.N.

Charles Spearman, intelligence theorist

5.N,2

Howard Gardner, intelligence theorist

5.N.3

Robert Sternberg, intelligence theorist

continued on next page



### **Cognitive Psychology**

### **LEARNING TARGET**

### 5.0

Identify the contributions of key researchers in intelligence research and testing.

### **EXAMPLES**

### 5.0.1

Contributions of Alfred Binet, key researcher in intelligence

### 5.0.2

Contributions of Francis Galton, key researcher in intelligence

### 5,0,3

Contributions of Howard Gardner, key researcher in intelligence

### 5.0.4

Contributions of Charles Spearman, key researcher in intelligence

### 5.0.5

Contributions of Robert Sternberg, key researcher in intelligence

### 5.0.6

Contributions of Lewis Terman, key researcher in intelligence

### 5.0.7

Contributions of David Wechsler, key researcher in intelligence

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# TOPIC 5.10 Psychometric Principles and Intelligence Testing

Explain how psychologists design tests, including standardization strategies and other techniques to establish reliability and validity.	EXAMPLES
Interpret the meaning of scores in terms of the normal curve.	
<b>5.R</b> Describe relevant labels related to intelligence testing.	5.R.1 Gifted 5.R.2 Intellectual disability

# Topic Planning Notes Use the space below to plan your approach to the topic.

Scientific
Investigation

3

Analyze psychological research studies.



### **Cognitive Psychology**

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.



### **AVAILABLE RESOURCE**

 Classroom Resource > Cognition and Language

# TOPIC 5.11 Components of Language and Language Acquisition

### **LEARNING TARGET**

### 5.5

Synthesize how biological, cognitive, and cultural factors converge to facilitate acquisition, development, and use of language.

### 5.T

Debate the appropriate testing practices, particularly in relation to culture-fair test uses.

Topic Planning N	otes
Use the space below to plan your app	proach to the topic.
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### **AP PSYCHOLOGY**

### UNIT 6

### Developmental Psychology



**7–9%** AP EXAM WEIGHTING



~9–10 Class periods AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 6
Multiple-choice: ~20 questions
Free-response: 1 question

Research Design

### **Developmental Psychology**

AP EXAM WEIGHTING



### ←→ Developing Understanding

### **ESSENTIAL QUESTIONS**

· How do we perceive and understand ourselves?

Developmental psychology encompasses the study of the behavior of organisms from conception to death. In this unit, students will learn to examine the processes that contribute to behavioral change throughout a person's life. The major areas of emphasis in the course include prenatal development, motor development, socialization, cognitive development, adolescence, and adulthood. Developmental psychologists seek to understand how changes in our biology and social situations over a lifespan influence our behaviors and mental processes. Development can be studied from several different perspectives, including biological or cognitive perspectives. Developmental psychologists may focus on one or more developmental periods or the entire course of a lifespan, using cross-sectional and longitudinal research methods.

### **Building Course Skills**

### 1,A 1,B 1.C 3

Building on knowledge from earlier units. students will pull together aspects of physiological, cognitive, psychological, and moral development to understand how behavior and mental processes change over the course of a person's life. This includes the role of adolescent development and the decline of adults as they age.

Students will reinforce biological, cognitive, and cultural perspectives studied in earlier units while discussing theories of stage development and continuous development. Students are also introduced to crosssectional research and longitudinal research designs, which build on the research methods learned in Unit 1. Students will further their understanding of analyzing and interpreting data through these new research designs and in relation to the specific context of developmental psychology.

### Preparing for the AP Exam

Students should be able to explain physical. intellectual, social, and moral development, along with the development of personality, in childhood, adolescence, and adulthood. Additionally, they should be able to explain the comparison between stages of development. A common student error on the AP Exam is failure to provide specific outcomes about how life experience helps or hinders development. Students should provide a thorough explanation of the relationship between life experience and development within the given scenario. Students tend to discuss the stages of development but fail to expand on the concepts to show mastery. It is important to a student's success on the exam that they write complete thoughts with cogent, accurate information. Teachers can provide students with opportunities to write about development at each stage of life in real-world contexts. Students will also answer questions related to research methods, including validity, ethics, and correct method of study. They may be asked about experimental design and should be prepared to answer questions such as What are the flaws in a research study? Would this design pass IRB? What is the appropriate method for a research question?



### **Developmental Psychology**

### **UNIT AT A GLANCE**

		Class Periods
Topic	Suggested Skill	~9-10 CLASS PERIODS
6.1 The Lifespan and Physical Development in Childhood	3 Analyze psychological research studies.	
6.2 Social Development in Childhood	1.C Apply theories and perspectives in authentic contexts.	
6.3 Cognitive Development in Childhood	Apply theories and perspectives in authentic contexts.	
6.4 Adolescent Development	Explain behavior in authentic context.	
6.5 Adulthood and Aging	Apply theories and perspectives in authentic contexts.	
6.6 Moral Development	3 Analyze psychological research studies.	
6.7 Gender and Sexual Orientation	1.A Define and/or apply concepts.	
	he <b>Personal Progress Check</b> for Unit 6. ntify and address any student misunderstanding	gs.

### **SAMPLE INSTRUCTIONAL ACTIVITIES**

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	6.3	<b>Debate</b> Have students complete the activity <i>Piaget Meets Santa</i> , which can be found online. Have them read the given statements and then match them with the appropriate developmental stage.
2	6.6	Misconception Check Ask students to predict if a scientific method could test whether babies as young as three months old can tell right from wrong or have morals. Have them watch the segment "The Baby Lab" from 60 Minutes and then ask them to identify the research method and evaluate the ethics of the experiment. Students can then summarize the results of the study and debate whether babies are born with morality using evidence (or the lack thereof) from the study.
3	6.7	Quickwrite Provide students with a published gender roles experiment and then ask them to identify the research method and evaluate the ethics of the experiment. Have students summarize the results of the study and then design a study that can be conducted as a follow-up.

Unit Planning Notes	
Use the space below to plan your approach to the unit.	•
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### **Developmental Psychology**

### SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

## The Lifespan and Physical Development in Childhood

### **LEARNING TARGET**

6.A

Explain the process of conception and gestation, including factors that influence successful pre-natal development.

6.B

Discuss the interaction of nature and nurture (including cultural variations), specifically physical development, in the determination of behavior.

6.C

Discuss maturation of motor skills.

### **EXAMPLES**

6.A.1

Nutrition

6.A.2

Illness

6.A.3

Substance abuse

6.A.4

Teratogens

### TOPIC 6.2 Social Development in Childhood

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### **LEARNING TARGET**

### 6.D

Describe the influence of temperament and other social factors on attachment and appropriate socialization.

### 6.E

Identify the contributions of major researchers in developmental psychology in the area of social development in childhood.

### **EXAMPLES**

### 6.E.1

Contributions of Albert Bandura, key researcher in the area of social development in childhood

### 6.E.2

Contributions of Diana Baumrind, key researcher in the area of social development in childhood

### 6.E.3

Contributions of Konrad Lorenz, key researcher in the area of social development in childhood

### 6.E.4

Contributions of Harry Harlow, key researcher in the area of social development in childhood

### 6.E,5

Contributions of Mary Ainsworth, key researcher in the area of social development in childhood

### 6.E.6

Contributions of Sigmund Freud, key researcher in the area of social development in childhood

### 6.F

Discuss the interaction of nature and nurture (including cultural variations), specifically social development, in the determination of behavior.

### 6.G

Explain how parenting styles influence development.



### **Developmental Psychology**

**LEARNING TARGET** 

Explain the maturation of cognitive abilities (Piaget's stages, Information process).

Identify the contributions of

major researchers in the area

6.1

### SUGGESTED SKILL

Concept
Understanding

### 1,C

Apply theories and perspectives in authentic contexts.

### TOPIC 6.3 Cognitive Development in Childhood

**EXAMPLES** 

Contributions of Lev Vygotsky, key researcher

in the area of cognitive development

6.1.1

in childhead	
in childhood.	6.1.2
·	Contributions of Jean Plaget, key researcher in
	the area of cognitive development in childhood
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Topic Planning	g Notes
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Use the space below to plan you	ur approach to the topic.

### TOPIC 6.4 Adolescent Development

### SUGGESTED SKILL

Concept
Understanding

### 1,B

Explain behavior in authentic context.

### **LEARNING TARGET**

6.J

Discuss maturational challenges in adolescence, including related family conflicts.

☑ Topic Planning Notes	!
Use the space below to plan your approach to the topic.	İ



### **Developmental Psychology**

**LEARNING TARGET** 

Characterize the development of decisions related to

### SUGGESTED SKILL

Concept
Understanding

### 1.0

Apply theories and perspectives in authentic contexts.

### TOPIC 6.5 Adulthood and Aging

**EXAMPLES** 

हत	
Predict the physical and cognitive changes that	
emerge through the lifespan, including steps that can be taken to maximize function.	
6.M	6.M.1
Identify the contributions of key researchers in the area of adulthood and aging.	Contributions of Erik Erikson, key researcher in the area of lifespan development
1.779	······································
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( Topic Planning	Notes
Topic Planning Use the space below to plan your	
"Hansan ya 44"	

6,0

Compare and contrast models of moral development.

### TOPIC 6.6 Moral Development

Scientific
Investigation

### 3

Analyze psychological research studies.

LEARNING TARGET	EXAMPLES
Identify the contributions of major researchers in the area of moral development.	Contributions of Carol Gilligan  6.N.2  Contributions of Lawrence Kohlberg

Topic Planning Notes	1
Use the space below to plan your approach to the topic.	



### **Developmental Psychology**

### SUGGESTED SKILL

Concept
Understanding

### 1.A

Define and/or apply concepts.

### TOPIC 6.7 Gender and Sexual Orientation

### **LEARNING TARGET**



Describe how sex and gender influence socialization and other aspects of development.

Topic Planning Notes
Use the space below to plan your approach to the topic.

### **AP PSYCHOLOGY**

# UNIT 7 Motivation, Emotion, and Personality



11-15%
AP EXAM WEIGHTING



~16-17

AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 7
Multiple-choice: ~30 questions
Free-response: 1 question

Research Design



### 

### **ESSENTIAL QUESTIONS**

- What motivates us to think and act the way we do?
- Why do some people respond to stress in a healthler way than others?
- Why don't psychologists agree?

Psychologists use theory to categorize and explain different personalities. These explanations have been influenced by the various branches of psychology. Some psychologists study what motivates us and/or our emotional responses to experiences to understand our individual differences. Other psychologists seek to understand personality, including why different personalities exist, how they are developed, and if and how they change. Originating from the psychodynamic perspective, the study of personality involves consideration of behavior and mental processes and how they interact to produce an individual's personality. A full explanation of personality also involves incorporating humanistic and social-cognitive perspectives from earlier units.

### **Building Course Skills**

### 1.A 1.C 2 3

Individual differences in various aspects of personality, motivation, and emotion are the focus of this unit. Students should be comfortable with identifying and explaining how biological structures and physiological processes help explain behavior or mental processes in relation to motivation, emotion. and personality. In addition, students will gain experience evaluating the strengths and weaknesses of psychological theories and perspectives relating to motivation and emotion.

Students should be able to identify theories and perspectives about personality, describe their strengths and weaknesses, and explain how they apply to behavior and mental processes. While learning about the different ways personality can be measured, students will calculate the appropriate statistic for a given data set. Students should also be able to explain how data illustrates the different theories of motivation, emotion, stress, and personality.

### Preparing for the AP Exam

Students often confuse what it means to be panicked versus stressed. Teachers can provide students with case studies and/or real-world opportunities that will help them understand what it means to be stressed and how bodies respond to stress, as opposed to being panicked. Students should be able to compare the psychological and physiological responses to stress and panic.

Students may struggle with accurately discussing concepts related to personality. A common mistake is to describe temporary aspects of a personality trait rather than personality characteristics. This can be addressed by providing students with multiple opportunities throughout the course to write about personality, ensuring that they are using terminology correctly and appropriately. Questions about research methodology and ethical research design in regard to this unit's content will most likely appear on the exam.



### **UNIT AT A GLANCE**

		Class Periods
Topic	Suggested Skill	~16-17 CLASS PERIODS
7.1 Theories of Motivation	3 Analyze psychological research studies.	
7.2 Specific Topics in Motivation	1.A Define and/or apply concepts.	:
7.3 Theories of Emotion	Apply theories and perspectives in authentic contexts.	
7.4 Stress and Coping	1.A Define and/or apply concepts.	
7.5 Introduction to Personality	3 Analyze psychological research studies.	
<b>7.6</b> Psychoanalytic Theories of Personality	Apply theories and perspectives in authentic contexts.	
7.7 Behaviorism and Social Cognitive Theories of Personality	Apply theories and perspectives in authentic contexts.	
7.8 Humanistic Theories of Personality	Apply theories and perspectives in authentic contexts.	
<b>7.9</b> Trait Theories of Personality	Apply theories and perspectives in authentic contexts.	
7.10 Measuring Personality	Apply theories and perspectives in authentic contexts.	

### **SAMPLE INSTRUCTIONAL ACTIVITIES**

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	7.1	<b>Debate</b> Provide students with a range of behaviors and have them debate which motivation theory best explains each behavior and why (for example, running a marathon would not be well explained by drive-reduction theory).
2	7.3	Think-Pair-Share Have students watch the well-known clip "These pretzels are making me thirsty" from the show Seinfeld (S3E11). In small groups, have them discuss how facial expressions and intonation convey emotion. Provide them with other scenarios and have them discuss how different theorists would explain the emotions conveyed in each scenario.
3	7.5	Jigsaw Select a fictional character familiar to your students. Have them discuss that character's personality in terms of the different psychological perspectives. Then divide students into groups and have each group select their own character and repeat the discussion. Students can then share with the class or you can use the jigsaw strategy.

Unit Planning Notes
Use the space below to plan your approach to the unit.



### SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

### Topic 7.1 Theories of Motivation

### **LEARNING TARGET**

7.A

Identify and apply basic motivational concepts to understand the behavior of humans and other animals.

### **EXAMPLES**

7.A.1

Instincts

7.A.2

Incentives

7,A,3

Intrinsic versus extrinsic motivation

7.A.4

Overjustification effect

7.A.5

Self-efficacy

7.A.6

Achievement motivation

7.B

Compare and contrast motivational theories, including the strengths and weaknesses of each. 7.B.1

Drive reduction theory

7.B.2

Arousal theory (including the Yerkes-Dodson law)

7.B.3

Evolutionary theory of motivation

7.B.4

Maslow's theory

7.B.5

Cognitive dissonance theory

7.C

Describe classic research findings in specific motivations.

7.C.1

Motivation system: eating

7.C.2

Motivation system: sex

7.C.3

Motivation system: social

continued on next page



### **LEARNING TARGET**

7.D

Identify contributions of key researchers in the psychological field of motivation and emotion.

### **EXAMPLES**

7.D.1

Contributions of William James, key researcher in the psychology of motivation and emotion

7,D,2

Contributions of Alfred Kinsey, key researcher in the psychology of motivation and emotion

7.D.3

Contributions of Abraham Maslow, key researcher in the psychology of motivation and emotion

7.D.4

Contributions of Stanley Schachter, key researcher in the psychology of motivation and emotion

7.D.5

Contributions of Hans Selye, key researcher in the psychology of motivation and emotion

Topic Planning Notes
Use the space below to plan your approach to the topic.
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### SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.

### TOPIC 7.2 Specific Topics in Motivation

### **LEARNING TARGET**

7.E

Discuss the biological underpinnings of motivation, including needs, drives, and homeostasis.

Topic Planning Notes	
Use the space below to plan your approach to the topic.	
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### TOPIC 7.3 Theories of Emotion

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### **LEARNING TARGET**

7.F

Compare and contrast major theories of emotion.

### **EXAMPLES**

7.F.1

James-Lange Theory

7.F.2

Cannon-Bard Theory

7.F.3

Schachter two-factor theory

7.F.4

Evolutionary theories (primary emotions)

7.F.5

Richard Lazarus's appraisal theory

7.F.6

Joseph LeDoux's theory

7.F.7

Paul Ekman's research on cross-cultural displays of emotion

7.F.8

Facial feedback hypothesis

7.G

Describe how cultural influences shape emotional expression, including variations in body language.

☑ Topic Planning N	lotes
Use the space below to plan your ap	proach to the topic.



### SUGGESTED SKILL

Concept
Understanding

### 1.A

Define and/or apply concepts.

### TOPIC 7.4 Stress and Coping

### LEARNING TARGET

7.H

Discuss theories of stress and the effects of stress on psychological and physical well-being.

### **EXAMPLES**

7.H.1

General adaptation theory

7.H.2

Stress-related illnesses

7.H.3

Lewin's motivational conflicts theory

7.H.4

Unhealthy behaviors

Topic Planning Notes		
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### TOPIC 7.5 Introduction to Personality

### SUGGESTED SKILL

Scientific
Investigation

### 3

Analyze psychological research studies.

### **LEARNING TARGET**

7.1

Describe and compare research methods that psychologists use to investigate personality.

### **EXAMPLES**

7.l.1

Research method to investigate personality: case studies

7.1.2

Research method to investigate personality: surveys

7.1.3

Research method to investigate personality: personalities inventories

7.J

Identify the contributions of major researchers in personality theory.

7.J.

Contributions of Alfred Adler, key researcher in personality theory

7.J.2

Contributions of Albert Bandura, key researcher in personality theory

7,J,3

Contributions of Paul Costa and Robert McCrae, key researchers in personality theory

7.J.4

Contributions of Sigmund Freud, key researcher in personality theory

7.J.5

Contributions of Carl Jung, key researcher in personality theory

7.J.6

Contributions of Abraham Maslow, key researcher in personality theory

7.J.7

Contributions of Carl Rogers, key researcher in personality theory



### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### TOPIC 7.6 Psychoanalytic Theories of Personality

### **LEARNING TARGET**

7.K

Compare and contrast the psychoanalytic theories of personality with other theories of personality.

Topic Planning Notes	
Use the space below to plan your approach to the topic.	

## TOPIC 7.7 Behaviorism and Social Cognitive Theories of Personality

### SUGGESTED SKILL

Concept
Understanding

### 1.0

Apply theories and perspectives in authentic contexts.

### **LEARNING TARGET**

7.L

Compare and contrast the behaviorist and social cognitive theories of personality with other theories of personality.

_	☑ Topic Planning Notes	
Us	e the space below to plan your approach to the topic.	
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**LEARNING TARGET** 

Compare and contrast humanistic theories of personality with other theories of personality.

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### TOPIC 7.8 Humanistic Theories of Personality

**EXAMPLES** 

	7.N.2
Speculate how cultural	Collectivistic versus individualistic cultures
context can facilitate or	Consocrations versus individualistic cultures
constrain personality	
development, especially as it	
relates to self consent	
relates to self-concept.	
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### Topic 7.9 Trait Theories of Personality

### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### **LEARNING TARGET**

7.0

Compare and contrast trait theories of personality with other theories of personality.

Topic Planning Notes	7
Use the space below to plan your approach to the topic.	



### SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

### TOPIC 7.10 Measuring Personality

### **LEARNING TARGET**

7.P

Identify frequently used assessment strategies, and evaluate relative test quality based on reliability and validity of the instruments,

### **EXAMPLES**

7.P.1

Personality inventory

7.P.2

Projective tests

. ∕ <u>Г</u> о	Topic Planning Notes
Use	e the space below to plan your approach to the topic.
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### **AP PSYCHOLOGY**

# UNIT 8 Clinical Psychology



12-16% AP EXAM WEIGHTING



~17–18 class periods AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 8

Multiple-choice: ~30 questions

Free-response: 1 question

Research Design

UNIT

# Clinical Psychology



# (++) Developing Understanding

# **ESSENTIAL QUESTIONS**

- Why is psychological perspective necessary in the treatment of disorders?
- How are psychological disorders treated?

Psychologists who study psychological disorders, along with practitioners who treat disorders, often utilize a particular theoretical perspective. Each perspective attempts to explain the origin of a disorder and/or determine the best method for treatment. These explanations and treatments build on the history, theories, and perspectives introduced in the first two units as well as on cognitive psychology in particular. Through observing behavior and engaging in discussion that illuminates a client's thought process, psychologists gather information and draw conclusions. For some psychologists, a single perspective cannot fully explain a disorder. This leads them to more integrated perspectives to understand and treat psychological disorders.

# **Building Course Skills**

# 1.A 1.B 1.C 3

This unit provides students with the opportunity to evaluate many of the psychological concepts, theories, and perspectives they learned about in earlier units through the lens of psychological disorders and their treatments. Students will learn how to evaluate biological, psychological, and sociocultural theories in relation to abnormality. They will be introduced to a survey of psychological disorders and dive deeper into some of the more common disorders and their treatment. Students will conduct valid research, identify ethical flaws, and use appropriate data and data collection processes.

# Preparing for the AP Exam

Students often have difficulty using key terms and phrases correctly to answer questions posed as scenarios. Teachers can provide students with opportunities to work with scenarios related to psychological disorders. Students will benefit from examples of real-world situations in which particular disorders may be exacerbated or subdued. Students should be able to give the general characteristics and common treatments of the disorder. They should also be able to evaluate the strengths and weaknesses of each treatment and explain why it is deemed appropriate.

Students often have difficulty articulating which psychological perspectives are associated with which treatments. When the scenarios involve a certain type of research, students should be expected to define the method and write accurately about validity, ethics, and outcome. Students may encounter questions about research methodology in clinical trials on the exam. They should be able answer questions about the ethics of a research plan, correct modality, and research design.



# Clinical Psychology

# **UNIT AT A GLANCE**

		Class Periods
Topic	Suggested Skill	~17-18 CLASS PERIODS
8.1 Introduction to Psychological Disorders	I.A Define and/or apply concepts.	
8.2 Psychological Perspectives and Etiology of Disorders	Apply theories and perspectives in authentic contexts.	
8.3 Neurodevelopmental and Schizophrenic Spectrum Disorders	Explain behavior in authentic context.	
8.4 Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders	Explain behavior in authentic context.	
8.5 Trauma- and Stressor- Related, Dissociative, and Somatic Symptom and Related Disorders	1.B Explain behavior in authentic context.	
8.6 Feeding and Eating, Substance and Addictive, and Personality Disorders	1.B Explain behavior in authentic context.	
8.7 Introduction to Treatment of Psychological Disorders	1.A Define and/or apply concepts.	
8.8 Psychological Perspectives and Treatment of Disorders	Apply theories and perspectives in authentic contexts.	:
8.9 Treatment of Disorders from the Biological Perspective	3 Analyze psychological research studies.	
8.10 Evaluating Strengths, Weaknesses, and Empirical Support for Treatments of Disorders	3 Analyze psychological research studies.	
	n the Personal Progress Check for Unit 8. dentify and address any student misunderstanding	gs.

# SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1	8.2	Jigsaw For each mental illness studied in class, students should explain the illness using different perspectives. Divide students into groups to study a particular illness from all perspectives. Then have students switch groups to discuss all illnesses and share the different perspectives for each. Alternately, divide students into groups to study one perspective for each disease and then rearrange the groups so that all perspectives are represented in each group. Have students share with each other their assigned perspective for each illness.
2	8.8	Construct an Argument Use scenarios to allow students to discriminate between therapeutic approaches: psychoanalysis, behavior therapy, humanistic therapy, and cognitive therapy.
3	8,10	<b>Debate</b> Have students debate the criticisms, strengths and weaknesses, and effectiveness of therapies for mental illness.

Unit Planning Notes
Use the space below to plan your approach to the unit.



# **Clinical Psychology**

## SUGGESTED SKILL

Concept
Understanding

1.A

Define and/or apply concepts.

# TOPIC 8.1 Introduction to Psychological Disorders

# **LEARNING TARGET**

8.A

Recognize the use of the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association as the primary reference for making diagnostic judgments.

8.8

Describe contemporary and historical conceptions of what constitutes psychological disorders.

8.C

Discuss the intersection between psychology and the legal system.

**EXAMPLES** 

8.C.1

Confidentiality

8.C.2

Insanity defense

**LEARNING TARGET** 

# **TOPIC 8.2 Psychological** Perspectives and **Etiology of Disorders**

1	8
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# SUGGESTED SKILL

Concept 2 Understanding

Apply theories and perspectives in authentic contexts.

Evaluate the strengths and limitations of various approaches to explaining psychological disorders.		
Identify the positive and negative consequences of diagnostic labels.	<b>8.E.1</b> The Rosenhan Study	

**EXAMPLES** 



# Clinical Psychology

## SUGGESTED SKILL

Concept
Understanding

# 1.B

Explain behavior in authentic context.

# TOPIC 8.3 Neurodevelopmental and Schizophrenic Spectrum Disorders

# **LEARNING TARGET**



Discuss the major diagnostic categories, including neurodevelopmental disorders, neurocognitive disorders, schizophrenia spectrum, and other psychotic disorders, and their corresponding symptoms.

Topic Planning Notes
Use the space below to plan your approach to the topic.

# Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders

## SUGGESTED SKILL

Concept
Understanding

# 1.B

Explain behavior in authentic context.

# **LEARNING TARGET**

8.G

Discuss the major diagnostic categories, including anxiety disorders, bipolar and related disorders, depressive disorders, obsessive-compulsive and related disorders, and their corresponding symptoms.

✓ Topic Planning Notes
Use the space below to plan your approach to the topic.



# Clinical Psychology

## SUGGESTED SKILL

Concept
Understanding

# 1.8

Explain behavior in authentic context.

# Trauma- and Stressor-Related, Dissociative, and Somatic Symptom and Related Disorders

# **LEARNING TARGET**

8.H

Discuss the major diagnostic categories, including dissociative disorders, somatic symptom and related disorders, and trauma- and stressorrelated disorders and their corresponding symptoms.

Topic Planning Notes
Use the space below to plan your approach to the topic.

# Feeding and Eating, Substance and Addictive, and Personality Disorders

# SUGGESTED SKILL

Concept
Understanding

### 1.6

Explain behavior in authentic context.

# **LEARNING TARGET**



Discuss the major diagnostic categories, including feeding and eating disorders, personality disorders, and their corresponding symptoms.

Topic Planning Notes	
Use the space below to plan your approach to the topic.	



# Clinical Psychology

## SUGGESTED SKILL

Concept
Understanding

# 1.A

Define and/or apply concepts.

# TOPIC 8.7 Introduction to Treatment of Psychological Disorders

# LEARNING TARGET

# 8.J

Describe the central characteristics of psychotherapeutic intervention.

## 8.K

Identify the contributions of major figures in psychological treatment.

# **EXAMPLES**

# 8.K.1

Contributions of Aaron Beck, major figure in psychological treatment

### 8.K.2

Contributions of Albert Ellis, major figure in psychological treatment

## 8.K.3

Contributions of Sigmund Freud, major figure in psychological treatment

### 8.K.4

Contributions of Mary Cover Jones, major figure in psychological treatment

### 8.K.5

Contributions of Carl Rogers, major figure in psychological treatment

### 8.K.6

Contributions of B. F. Skinner, major figure in psychological treatment

### 8.K.7

Contributions of Joseph Wolpe, major figure in psychological treatment

# TOPIC 8.8 Psychological Perspectives and Treatment of Disorders

# SUGGESTED SKILL

Concept
Understanding

# 1.C

Apply theories and perspectives in authentic contexts.

# **LEARNING TARGET**

8.L

Describe major treatment orientations used in therapy and how those orientations influence therapeutic planning.

# **EXAMPLES**

8.L.1

Treatment orientation: behavioral

8.L.2

Treatment orientation: cognitive

8.L.3

Treatment orientation: humanistic

8.L.4

Treatment orientation: psychodynamic

8.L.5

Treatment orientation: cognitive-behavioral

8.L.6

Treatment orientation: sociocultural

8.M

Summarize effectiveness of specific treatments used to address specific problems.

8.N

Discuss how cultural and ethnic context influence choice and success of treatment (e.g., factors that lead to premature termination of treatment).

8.0

Describe prevention strategies that build resilience and promote competence.



# **Clinical Psychology**

# SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

# Topic 8.9 Treatment of Disorders from the Biological Perspective

# **LEARNING TARGET**

8.P

Summarize effectiveness of specific treatments used to address specific problems from a biological perspective.

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# Evaluating Strengths, Weaknesses, and Empirical Support for Treatments of Disorders

# SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

# **LEARNING TARGET**

8.Q

Compare and contrast different treatment methods.

# **EXAMPLES**

8.Q.1

Individual

8.Q.2

Group

8.Q.3

Rational-emotive method

8.Q.4

Psychoanalytic/psychodynamic method

8.Q.5

Client-centered method

8.Q.6

Cognitive method

8.Q.7

Behavioral method

8.Q.8

Sociocultural method

8.Q.9

Biopsychosocial method

8.Q.10

Cognitive-behavioral method

# **AP PSYCHOLOGY**

# UNIT 9 Social Psychology



8-10%

AP EXAM WEIGHTING



~10-11

CLASS PERIODS

AP

Remember to go to AP Classroom to assign students the online Personal Progress Check for this unit.

Whether assigned as homework or completed in class, the **Personal Progress Check** provides each student with immediate feedback related to this unit's topics and skills.

Personal Progress Check 9
Multiple-choice: ~20 questions
Free-response: 1 question

Concept Application

# Social Psychology



# ♦→ Developing Understanding

# **ESSENTIAL QUESTIONS**

 How does the bias of a researcher affect their conclusions?

In this final unit, psychological concepts and theoretical perspectives are pulled together from throughout the course. Social psychology is the study of how other people and groups influence behavior and mental processes as well as how behavior and mental processes influence our experiences in social situations. Social psychology also involves the study of how our perceptions of social situations impact how we interact with others and how others interact with us. Social psychologists may focus on one aspect of social situations or interactions and may do so from a variety of theoretical perspectives, including other integrative perspectives.

# **Building Course Skills**

# 1.B 1.C 3

As the course nears completion, students should be able to describe and explain behavior and mental processes within the context of social psychology. As they learn new social psychology theories, students will build on their knowledge of psychological theories in general. These theories specifically build on the biological, cognitive, and sociocultural theories discussed in earlier units. The history of social psychology is filled with studies that are no longer considered ethical. Through these missteps, students will learn how to conduct valid research, identify ethical flaws, and use appropriate data and data collection processes.

# Preparing for the AP Exam

Students often have difficulty using social psychology key terms and phrases correctly to answer questions posed as scenarios. Common examples of interchanged behaviors include conformity, obedience, and compliance. Students often struggle to provide the depth or breadth required to show mastery of the content. Teacher can provide opportunities for students to work with scenarios related to social settings and interactions. Students should give general characteristics of the behaviors associated with interactions and common responses to social stimuli. When the scenarios involve a certain type of research, students should be expected to define the method and write accurately about validity, ethics, and outcome,



# Social Psychology

# **UNIT AT A GLANCE**

		Class Periods
Topic	Suggested Skill	~10-11 CLASS PERIODS
9.1 Attribution Theory and Person Perception	Apply theories and perspectives in authentic contexts.	
9.2 Attitude Formation and Attitude Change	3 Analyze psychological research studies.	
9.3 Conformity, Compliance, and Obedience	3 Analyze psychological research studies.	:
9.4 Group Influences on Behavior and Mental Processes	Explain behavior in authentic context.	
9.5 Bias, Prejudice, and Discrimination	1.3 Explain behavior in authentic context.	
9.6 Altruism and Aggression	Explain behavior in authentic context.	
9.7 Interpersonal Attraction	1B Explain behavior in authentic context.	
Go to <b>AP Classroom</b> to assign to Review the results in class to ide	he Personal Progress Check for Unit 9. ntify and address any student misunderstandings	s.



# SAMPLE INSTRUCTIONAL ACTIVITIES

The sample activities on this page are optional and are offered to provide possible ways to incorporate various instructional approaches into the classroom. Teachers do not need to use these activities or instructional approaches and are free to alter or edit them. The examples below were developed in partnership with teachers from the AP community to share ways that they approach teaching some of the topics in this unit. Please refer to the Instructional Approaches section beginning on p. 151 for more examples of activities and strategies.

Activity	Topic	Sample Activity
1 g	9.1	Quickwrite  Have students complete "The Fundamental Attribution Error Activity" from the TOPSS Unit Lesson Plan by Allyson J. Weseley. Provide students with a card or paper that includes an attribution scale on each side. On one side, have them circle the traits that they identify with. On the other, have them circle the traits that describe the teacher. Have students count the number of "depends on the situation" responses on each side and compare the two.
2	9.3	Debate  Have students read about the Stanford Prison Experiment or watch an excerpt from the documentary. Then ask students to identify the research methods described and evaluate the ethics of the experiment. Students can then debate the merits, ethics, and criticism of the experiment. Include the response to recent criticism published by Zimbardo and other researchers.
3	9.4	Construct an Argument Have students read the article "A Real-Life Lord of the Flies: The Troubling Legacy of the Robbers Cave Experiment." Then ask them to identify the research methods described in the article and evaluate the ethics of the experiments. Ask them if the studies described offer any insights about group dynamics and, if so, what those insights are.

Unit Planning Notes
Use the space below to plan your approach to the unit.



# Social Psychology

# SUGGESTED SKILL

Concept
Understanding

### 1.C

Apply theories and perspectives in authentic contexts.

# Attribution Theory and Person Perception

# **LEARNING TARGET**

9.A

Apply attribution theory to explain motives.

# **EXAMPLES**

9.A.1

Fundamental attribution error

9.A.2

Self-serving bias

9.A.3

False consensus effect

9.A.4

Confirmation bias

9.A.5

Just-world hypothesis

9.A.6

Halo effect

9.B

Articulate the impact of social and cultural categories on self-concept and relations with others.

9.B.1

Gender

9.B.2

Race

9.B.3 Ethnicity

9.C

Anticipate the impact of self-fulfilling prophecy on behavior.



# TOPIC 9.2 Attitude Formation and Attitude Change

SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

LEARNING TARG	ΕT	
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9.D

Identify important figures and research in the areas of attitude formation and change.

9.E

Discuss attitude formation and change, including persuasion strategies and cognitive dissonance. **EXAMPLES** 

9.D.1

Leon Festinger

9.E.1

Central route to persuasion

9.E,2

Peripheral route to persuasion

9.E.3

Cognitive dissonance

9.E.4

Elaboration likelihood model

☑ Topic Planning Notes	
Use the space below to plan your approach to the topic.	



# Social Psychology

# SUGGESTED SKILL

Scientific
Investigation

3

Analyze psychological research studies.

# TOPIC 9.3 Conformity, Compliance, and Obedience

LEARNING TARGET	EXAMPLES	
Identify the contributions of key researchers in the areas of conformity, compliance, and obedience.	© S.F.1 Contributions of Solomon Asch  9.F.2 Contributions of Stanley Milgram  9.F.3 Contributions of Philip Zimbardo	
Explain how individuals respond to expectations of others, including groupthink, conformity, and obedience to authority.		

	pic Planning N		
Use the sp	ace below to plan your ap	oproach to the topic.	
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# TOPIC 9.4 Group Influences on Behavior and Mental Processes

Concept
Understanding

SUGGESTED SKILL

# 1.B

Explain behavior in authentic context,

# **LEARNING TARGET**

9.H

Describe the structure and function of different kinds of group behavior.

9.1

Predict the impact of the presence of others on individual behavior.

# **EXAMPLES**

9.1.1

Bystander effect

9.1.2

Social facilitation

9.1.3

Social inhibition

9.1.4

Group polarization

9.1.5

Deindividuation

9.1.6

Diffusion of responsibility

9.1.7

In-group/out-group bias

9.1.8

Reciprocity norms

9.1.9

Social norms

9.1,10

Social traps

9.1.11

Prisoner's dilemma

9.1.12

Conflict resolution

9.1.13

Superordinate goals



# Social Psychology

## SUGGESTED SKILL

Concept
Understanding

# 1.B

Explain behavior in authentic context.

# Bias, Prejudice, and Discrimination

# **LEARNING TARGET**

9.J

Describe processes that contribute to differential treatment of group members.

# **EXAMPLES**

9.J.1

In-group/out-group dynamics

9.J.2

Ethnocentrism

9.J.3

Prejudice

9.J.4

Bias

9.J.5

Discrimination

9.J.6

Scapegoat theory

9.J.7

Stereotype

9.J.1

Out-group homogeneity bias

9.J.1

Mere-exposure effect

Topic Planning Notes
Use the space below to plan your approach to the topic.

# TOPIC 9.6 Altruism and Aggression

# SUGGESTED SKILL

Concept
Understanding

### 1.B

Explain behavior in authentic context.

# **LEARNING TARGET**

9,K

Describe the variables that contribute to altruism and aggression.

Topic Planning Notes	
Use the space below to plan your approach to the topic.	
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# Social Psychology

# SUGGESTED SKILL

Concept
Understanding

# 1.B

Explain behavior in authentic context.

# TOPIC 9.7 Interpersonal Attraction

# **LEARNING TARGET**

9.L

Describe the variables that contribute to attraction.

Topic Planning Notes
Use the space below to plan your approach to the topic.

**AP PSYCHOLOGY** 

# Instructional Approaches



# **Selecting and Using Course Materials**

In addition to using a textbook that will cover the required course content, students should also examine primary source material in different and varied forms as well as other types of scientific scholarship.

# **Textbooks**

Any textbook used in the course should be written at the college level and encourage a conceptual understanding of psychology. The ideal textbook will use sufficient examples and approaches that enable students to make connections across different domains within psychology and also between psychology and other social and natural sciences.

AP Central has a **list of textbook examples** that meet the resource requirements.

# **Primary Sources**

While publishers are increasingly including primary source material in textbooks, introducing students to a wide variety of source material provides opportunities to analyze data from diverse sources. These sources should include data tables, charts, graphs, and diagrams. Ancillary materials and online resources that accompany most recently published textbooks may also provide quality materials to supplement classroom instruction. If a textbook does not provide ample primary sources, or its sources are too brief, it can be supplemented with journal articles and/ or abstracts from scientific literature related to particular topic areas.

# **Instructional Strategies**

The AP Psychology course framework outlines the concepts and skills students must master in order to be successful on the AP Exam. To address those concepts and skills effectively, it helps to incorporate a variety of instructional approaches into daily lessons and activities. The following table presents strategies that can help students apply their understanding of course concepts.

Strategy	Definition	Purpose	Example
Ask the Expert (or Students as Experts)	Students are assigned as "experts" on concepts they have mastered; groups rotate through the expert stations to learn about concepts they have not yet mastered.	Provides opportunities for students to share their knowledge and learn from one another.	Assign students as "experts" on psychological disorders. Have them rotate through stations in groups, working with the station expert to complete a series of questions on the topic.
Construct an Argument	Students use reasoning to present assumptions about scenarios, support conjectures with scientifically relevant and accurate data, and provide a logical progression of ideas leading to a conclusion that makes sense.	Helps develop the process of evaluating scientific information, developing reasoning skills and enhancing communication skills in supporting conjectures and conclusions.	Present students with a written or visual scenario of the results of a research study. Then have them work together to draw conclusions about the study and support their conclusions with data by having each student or group of students add a sentence to the conclusion. Once the conclusion is complete, read the conclusion (or show it on a screen) and then facilitate a class discussion.
Debate	Engaging in an informal or formal argumentation of an issue.	Provides students with an opportunity to collect and orally present evidence supporting the affirmative and negative arguments of a proposition or an issue.	When learning about developmental psychology, have students debate a situation in a given scenario from the perspective of the key contributors to the field.
Fishbowl	Some students form an inner circle and model appropriate discussion techniques while an outer circle of students listens, responds, and evaluates.	Provides students with an opportunity to engage in a formal discussion and to experience the roles of both participant and active listener; students also have the responsibility of supporting their opinions and responses using specific evidence.	Divide students into two groups and ask them to form two concentric circles. The inner circle explains psychological disorders to the students in the outer circle. The outer circle explains treatments of psychological disorders to students in the inner circle.

continued on next page

Strategy	Definition	Purpose	Example
Graph and Switch	Generate a graph to represent data and then switch papers to review each other's representations.	Allows students to practice evaluating different representations of data as they give and receive feedback on each other's work.	Given an unlabeled graph, have students label the independent and dependent variables and other required parts of the graph.
Graphic Organizer	Representing ideas and information visually (e.g., pictures, tables, graphs, lists, models, Venn diagrams, flowcharts, cluster maps, concept maps, concept webs) for the organization and/or interpretation of information.	Provides a visual system for organizing multiple ideas, details, and/or textual support to facilitate increased comprehension and discussion.	Use graphic organizers to help students understand research methods. Students can draw flowcharts to outline the steps of a research study.
Index Card Summaries/ Questions	Periodically, distribute index cards and ask students to write on both sides, with these instructions: (Side 1) Based on our study of (unit topic), list a big idea that you understand and word it as a summary statement. (Side 2) Identify something about (unit topic) that you do not yet fully understand and word it as a statement or question.	Functions as a formative assessment technique.	At the beginning or end of class, show students an image of a normal distribution. On one side of an index card, have students summarize what the graph is showing and why it is important. On the other side of the card, have them write a question about the topic. Collect the cards and read through them, noticing any trends in student responses. Address all questions that day (if done at the beginning of class) or the next day (if given at the end of class).
Jigsaw	Reading different texts or passages from a single text, students take on the role of "experts"; sharing information from that reading, students share with a specific group and then return to their initial group to share their new knowledge.	Allows students to summarize and present information to others in a way that facilitates an understanding of a text (or multiple texts) without having each student read the text in its entirety.	Use this strategy to help students learn about psychological disorders Divide students into groups and assign each group a disorder. Have them learn about their disorder in detail: cause, symptoms, consequences, and treatments. Once students are experts, divide them into groups so that there is one student from each area of expertise in a group. Have each student share their expertise with their new group.
Manipulatives	Using a kinesthetic approach to making meaning in which students are asked to assemble parts of a whole as a way of understanding a concept.	Provides a tactile and visual means of examining a concept in order to encourage multiple ways of understanding the concept.	Have students use clay to model the brain or the neuron, using different colors to indicate different parts of the organ/cell.

Strategy	Definition	Purpose	Example
Misconception Check	Present students with common or predictable misconceptions about a designated concept, principle, or process. Ask them whether they agree or disagree and to explain why. The misconception check can also be presented in the form of a multiple-choice or true-false quiz.	Functions as a formative assessment technique.	Provide students with a statement on the board or on paper, such as, "Culture influences intelligence." Ask them if the statement is true or false and to explain their reasoning. Address any misconceptions according to the answers they give.
One-Minute Essay	A one-minute essay question (or a one-minute question) is a focused question with a specific goal that can, in fact, be answered within a minute or two.	Functions as a formative assessment technique.	Give students one minute to respond to a prompt such as, "Describe strategies to improve memory." Once students have completed their essay, have them share their answers; then facilitate a class discussion.
Quickwrite	Writing for a short, specific amount of time about a designated topic related to a text.	Allows students to generate multiple ideas in a quick fashion that could be turned into longer pieces of writing at a later time (may be considered as part of the drafting process).	Prior to teaching about motivation, ask students to take a few minutes to explain why they think motivation is important. At the conclusion of the lesson, have them revisit their answer and revise it to reflect what they learned.
Think-Pair- Share	Considering and thinking about a topic or question and then writing what has been learned; pairing with a peer or a small group to share ideas; sharing ideas and discussion with a larger group.	Allows students to construct meaning about a topic or question; to test thinking in relation to the ideas of others; to prepare for a discussion with a larger group.	When teaching about behaviors, ask students to reflect on their current learning with the following prompt: "Explain how each behavior can be explained by the different psychological perspectives." Then have them turn to a neighbor and share their answer. After two to three minutes of sharing, engage the class in a discussion to ensure that students are building the necessary foundational understandings.

# **Developing Course Skills**

Throughout the course, students will develop skills that are fundamental to the discipline of psychology. Students will benefit from multiple opportunities to develop these skills in a scaffolded manner.

The tables on the pages that follow look at each skill category and provide examples of tasks for each skill, along with sample activities and strategies for incorporating that skill into the course.

# Skill Category 1: Define, explain, and apply concepts, behavior, theories, and perspectives

Psychological theories and perspectives are ways of thinking about psychological concepts, principles, and processes. They are often developed from scientific research to help explain behavior and mental processes. Studying these theories and perspectives in the context of research and their related concepts, principles, and processes can help students distinguish between the various theories and perspectives. These theories and perspectives should be revisited throughout the course at appropriate times. Teachers can include examples that are accessible and interesting to students.

Explanation involves more than simply identifying or describing a psychological principle, process, concept, theory, or perspective; it requires discussion of how and/or why the concept, theory, or perspective applies to the situation or context. Students should practice explaining how a concept, theory, or perspective applies in a variety of contexts using their knowledge to accurately explain the application.

# Skill Category 1: Concept Understanding

Skill	Key Tasks	Sample Activity	Instructional Strategies
<b>1.A:</b> Define and/or apply concepts.	<ul> <li>Describe characteristics, attributes, traits, and elements in defining terms and concepts.</li> </ul>	Have students learn brain anatomy by mapping the parts of the brain on a swim cap. Have them place a plain white swim cap on a Styrofoam head and then use a black marker to outline the parts of the brain to scale. Each part of the brain can be colored with a marker and then labeled.	<ul> <li>Graphic Organizer</li> <li>Manipulatives</li> </ul>
	<ul> <li>Classify concepts.</li> </ul>		
	<ul> <li>Describe structures and functions.</li> </ul>		
	<ul> <li>Describe patterns and trends.</li> </ul>		
	<ul> <li>Identify steps/stages in a process.</li> </ul>		
	<ul> <li>Describe steps/stages in a process.</li> </ul>		
	<ul> <li>Explain the relationship between or among the steps/ stages in a process.</li> </ul>		
	<ul> <li>Explain the relevance or significance of processes and/or interactions.</li> </ul>		
	<ul> <li>Describe causes and/or effects.</li> </ul>		
	<ul> <li>Explain causes and/or effects.</li> </ul>		
	<ul> <li>Explain the relationship between concepts.</li> </ul>		
	<ul> <li>Explain the reasons for the relationship between concepts.</li> </ul>		

continued on next page

# Skill Category 1: Concept Understanding

Skill	Key Tasks	Sample Activity	Instructional Strategies
<b>1.B:</b> Explain behavior in authentic context.	<ul> <li>Describe a behavior.</li> </ul>	Use the Genetic Science Learning Center's Mouse Party Activity to help students understand the effects of drugs on neural transmission. There is an online worksheet that students can use to take notes as they go through the activity. Once students understand how drugs affect behavior, they can be asked questions such as, "How might a cognitive psychologist explain this behavior differently than a behavioral psychologist?"	<ul> <li>Misconception Check</li> <li>One-Minute Essay</li> <li>Jigsaw</li> </ul>
	<ul> <li>Explain why a behavior is occurring in a particular context.</li> </ul>		
<b>1.C:</b> Apply theories and perspectives in authentic contexts.	<ul> <li>Explain behavior from a biological (or an evolutionary) perspective.</li> <li>Explain behavior from a cognitive perspective.</li> <li>Explain behavior from a developmental perspective.</li> <li>Explain behavior from a social and personality perspective.</li> <li>Explain behavior from a clinical perspective.</li> </ul>	Have students watch a TED talk about why we sleep or the benefits of sleep. Assign them to keep a sleep log for one to two weeks. The log can be kept manually or by using a free app that tracks sleep cycles. Students can then calculate the data and talk about any dreams they would like to share. Provide students with various dream scenarios and ask them to provide an explanation from each dream theory. Students can also write letters to the school administration about why school start times need to be later for teenagers.	<ul> <li>Think-Pair-Share</li> <li>Quickwrite</li> </ul>

# Skill Category 2: Analyze and interpret quantitative data

Data is important because of the information it conveys about psychological concepts, theories, and perspectives. To understand the information conveyed, students should practice describing the data and then identifying and describing the patterns and trends in the data. These patterns and trends can make the data meaningful for the researcher and lead to the discovery and/or development of concepts, theories, and perspectives.

Researchers use data to understand behavior and mental processes. Students should practice making connections between given data and different psychological principles, processes, concepts, theories, and perspectives. Connecting the collection

and construction of data to the analysis of data helps students understand the implications of the data and its relationship to psychological concepts, theories, and perspectives.

The appropriate statistic is determined by a number of factors, including the question being researched, the research method and design being used, and the information the researcher is seeking. Students should practice identifying the most appropriate descriptive statistic (e.g., mean, median, mode) for a given data set based on the research question, method, and design. They should also practice calculating each of the required descriptive statistics.

# Skill Category 2: Data Analysis

### Instructional **Key Tasks** Sample Activity **Strategies** Analyze the results of a research study. Give students a data table or graph from Graph and Switch a research study of interest to them in the Connect the results of a research study Index Card Summaries/ context of the current unit. First, ask them to a psychological principle, process, Questions to identify specific data points and then concept, theory, or perspective. have them describe the data presented in Use statistics to analyze data. a graph, chart, or table. They should then be able to describe patterns and trends in the data. Using the data set, have them calculate the mean and identify the median and the mode. Students should then be able to describe a psychological principle, process, concept, theory, or perspective illustrated by the data.

# Skill Category 3: Analyze psychological research studies

In addition to the research question asked, the research method, design, and/or measure determines what conclusions can be drawn from data. Students should practice identifying the types of conclusions (e.g., correlation, causation) that can be drawn from each type of research method, design, and measure. They should also practice identifying possible research methods, designs, and measures based on conclusions.

Research design flaws can impact the data collected and the conclusions a researcher can draw, in order to identify a research design flaw, students should know the different research methods and designs and the types of conclusions that can be drawn from each. They should then compare the conclusions of a given researcher with their method and design to determine if there are flaws and, if so, what they are.

Once students identify a research design flaw, they should be able to explain why it is a flaw in order to explain how it can be corrected. To do this, they will rely on their knowledge about methods and designs and the conclusions one can draw from them.

# Skill Category 3: Scientific Investigation

### Instructional **Key Tasks** Sample Activity **Strategies** · Identify the research method or Have students evaluate a research study Fishbowl design used. (select one of interest to your students) Debate by identifying the hypothesis, methods, Describe ethical and/or research and results of the study. Then have them Graphic Organizer design flaws. identify the conclusions and any alternative Describe the appropriate use of a explanations. Lastly, have them describe research method or design. how the design of the research plan can be improved. Explain how ethical and/or research design flaws can be corrected. Explain why a research method or design is appropriate. Describe implications or limitations of the research. Explain why conclusions are or are not appropriate based on the method and/or design,

# **Curriculum Plan**

<u>Unit 15:</u> After the AP Exam Research Project and Presentation Time Range in Days: 30 days

Grade Level(s): 11th - 12th

**Standards Addressed:** 

National Standards for Psychology: http://www.apa.org/education/k12/national-standards.aspx

**PACCS – Reading and Writing in History and Social Studies:** CC.8.5.11-12.A, CC.8.5.11-12.B, CC.8.5.11-12.C, CC.8.5.11-12.D, CC.8.5.11-12.F, CC.8.5.11-12.H, CC.8.5.11-12.I, CC.8.6.11-12.A, CC.8.6.11-12.B, CC.8.6.11-12.C, CC.8.6.11-12.D, CC.8.6.11-12.E, CC.8.6.11-12.H

Link to Standards in SAS: http://www.pdesas.org/Page/Viewer/ViewPage/14

**Anchor(s):** R8.A.2, R8.B.1, R8.B.3

**Overview: Introduction to Psychology Projects and Activities** 

# Goals:

• Students will use their knowledge of psychology to complete various research projects and activities. These projects and activities should show the an advanced student knowledge following a rigorous examination of the following topics studied during this year long course: the Science of Psychology, the Biological Perspective, Sensation and Perception, Consciousness: Sleep, Dreams, Hypnosis, and Drugs, Learning, Memory, Cognition, Motivation and Emotion, Stress and Health, Development Across the Life Span, Theories of Personality, Psychological Disorders, Psychological Therapies, and Social Psychology.

# **Objectives:**

• Connect, design, critique, analyze, create, prove and apply concepts in psychology to research projects, papers, and various psychological activities. (DOK – Level Four)

# **Core Activities and Corresponding Instructional Methods:**

• Students will complete any of the activities found in the instructors' manual resource section of their textbook. Projects must be different than assignments completed prior to the completion of the AP exam (always the 1st Monday in May).

# **Instructional Methods:**

- Lecture
- Discussion
- Related readings and questions

- Worksheets
- Label diagrams
- Video analysis and evaluation
- Hands on directed activities
- Internet Research (cooperative groups and individual)
- Power Point, Google Docs, and other various types of presentations

# **Assessments:**

# Diagnostic:

- Students' participation and answers during class discussion after the presentation of projects and the completion of activities.
- Students' written reaction to various topics covered in peer presentations.

# Formative:

- Students' timely and accurate completion of worksheet assignments connected to projects and activities.
- Students' accurate completion of classroom activities.

## Summative:

• Students will submit cooperative group evaluations determining the value and validity of various types of topics presented to the class or completed during a student activity. They will be graded on a scaled rubric.

# **Extensions:**

• Students will complete teacher made enrichment worksheets and activities.

# **Correctives:**

• Students will complete teacher made review sheets dealing with the concepts presented during student presentations and activities.

# **Primary Textbook(s) Used for this Course of Instruction**

Name of Textbook: Myers' Psychology for the AP Course

Textbook ISBN #: 13:978-1-319-07050-2

Textbook Publisher & Year of Publication: BFW/Worth Publishers 2018

Curriculum Textbook is utilized in (title of course): AP Psychology

Please complete one sheet for each primary textbook.

# **Checklist to Complete and Submit:**

(Scan and email)

	Copy of the curriculum using the template entitled "Planned Instruction," available on the district website.	
	The primary textbook form(s).	
	The appropriate payment form, in compliance with the maxim hours noted on the first page of this document.	um curriculum writing
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First Re	eader/Reviewer Signature	Date
Second	Reader/Reviewer Printed Name	_
Second	Reader/Reviewer Signature	Date

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